

# Oregon Parenting Education Directory

This Oregon Parenting Education Directory includes over 200 organizations. Some organizations serve multiple counties and are listed under each county. Some organizations have multiple parenting education programs and requested that individual programs be included in the listings. There was no attempt to assess the quality or effectiveness of a program. Only those organizations indicating on the parenting education mapping survey their desire to be listed in the directory are included.

If your organization would like to be included in future revisions of the directory, please contact:

Denise Rennekamp, M.S.  
Parent Education Program Coordinator  
Extension Family and Community Health  
Oregon State University  
161 Milam Hall  
Corvallis, Oregon 97331-5106  
Phone: 541-737-1013  
[denise.rennkamp@oregonstate.edu](mailto:denise.rennkamp@oregonstate.edu)

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## Baker County

### Baker County Health Department

Calling On Moms & Dads  
Jennifer Herrmann  
3330 Pocahontas Road  
Baker City, OR 97814  
Telephone: 541-523-8211, ext. 22  
Fax: 541-523-8242  
Website: [www.bakercounty.org](http://www.bakercounty.org)  
Email: [jherrmann@bakercounty.org](mailto:jherrmann@bakercounty.org)

Healthy Start  
Chrissy Martin  
Telephone: 541-523-8211  
Fax: 541-523-8242  
Email: [cmartin@bakercounty.org](mailto:cmartin@bakercounty.org)

### Child Care Resource & Referral

Jean Johnson  
1916 Island Avenue  
La Grande, OR 97850  
Telephone: 541-963-7942  
Fax: 541-963-8458  
Website: [www.trainingemployment.org](http://www.trainingemployment.org)  
Email: [johnj@tecteam.org](mailto:johnj@tecteam.org)

### Eastern Oregon Alcoholism Foundation

EOAF Parents Program  
Cathy McDonald  
216 S. W. Hailey Avenue  
Pendleton, OR 97801  
Telephone: 541-276-3518, ext. 212  
Fax: 541-276-4189  
Website: [www.eoaf.org](http://www.eoaf.org)  
Email: [cmcdonald@eoaf.org](mailto:cmcdonald@eoaf.org)

Description: EOAF is a residential drug and alcohol program that serves both men and women with children. Some of the parents have young children in treatment with them, but all parents are offered parenting classes.

### Kindred Support Services, LLC

Julie Farnam  
PO Box 187  
105 Fir Street, Suite 209  
La Grande, OR 97850  
Telephone: 541-963-7796  
Fax: 541-963-7796  
Email: [farnamjulie@yahoo.com](mailto:farnamjulie@yahoo.com)

Marian Goldberg, MSW, LCSW  
Telephone: 541-786-3401  
Fax: 541-663-8649  
Email: [mariangoldberg1@gmail.com](mailto:mariangoldberg1@gmail.com)

Description: Kindred Support Services provides Family Based Services including individualized parent education through a contract with the Department of Human Services, Child Welfare Division. Clients must be referred by DHS and services are free of charge. The program also provides crisis support including pertinent parent education for children disclosing physical or sexual abuse through referrals by the Mt. Emily Safe Center.

### Mt. Emily Safe Center

Make Parenting a Pleasure, Healthy Start  
Sandra Leavitt  
PO Box 146  
2107 3rd Street  
La Grande, OR 97850  
Telephone: 541-963-0602  
Fax: 541-962-0345  
Website: [www.mtemilysafecenter.com](http://www.mtemilysafecenter.com)  
Email: [director@mtemilysafecenter.com](mailto:director@mtemilysafecenter.com)

Description: Mt. Emily Safe Center is a Child Abuse Intervention Center whose mission is to provide a multidisciplinary approach to the assessment of child abuse, ensure children and youth have access to prevention services, and to promote safe and healthy environments for families.

## **Pathfinders of Oregon**

Parenting Inside Out

Cathy Calvin

PO Box 19742

7800 SW Barbur Blvd

Portland, OR 97219

Telephone: 503-910-1219

Fax: 503-245-4022

Website: [www.pathfindersoforegon.org](http://www.pathfindersoforegon.org)

Email: [ccalvin@pathfindersoforegon.org](mailto:ccalvin@pathfindersoforegon.org)

## Benton County

### **Benton County Developmental Disabilities Program**

Jasper Smith  
PO Box 579  
530 NW 27th Street  
Corvallis, OR 97339  
Telephone: 541-766-6158  
Fax: 541-766-6186  
Website: [www.co.benton.or.us/health/mental\\_health/developmental\\_dis.php](http://www.co.benton.or.us/health/mental_health/developmental_dis.php)  
Email: [jasper.smith@co.benton.or.us](mailto:jasper.smith@co.benton.or.us)

### **Albany Public Library**

Scott Keeney  
2450 14th Avenue SE  
Albany, OR 97321  
Telephone: 541-917-7591  
Fax: 541-917-7586  
Website: [library.cityofalbany.net](http://library.cityofalbany.net)  
Email: [scott.keeney@cityofalbany.net](mailto:scott.keeney@cityofalbany.net)

Description: Albany Public Library offers a wide assortment of materials in all formats, programs for all ages, and welcoming gathering areas for all citizens, with rich collections of children's literature, parenting resources, and audiovisual materials.

### **Kids and Co. of Linn Co.**

Wendy Hoffman  
300 Market Street, Suite 200  
Lebanon, OR 97355  
Telephone: 541-451-1581  
Fax: 541-259-1581  
Website: [www.kidcoheadstart.org](http://www.kidcoheadstart.org)  
Email: [whoffman@kidcoheadstart.org](mailto:whoffman@kidcoheadstart.org)

### **La Leche League of Oregon**

Breastfeeding Support and Education  
Melanie Green  
3386 NW Summerhill Place  
Albany, OR 97321  
Telephone: 541-967-8965  
Website: [www.lli.org/Web/Oregon.html](http://www.lli.org/Web/Oregon.html)  
Email: [melanieverde@msn.com](mailto:melanieverde@msn.com)

Description: La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing education, information, support, and encouragement to women who want to breastfeed. All breastfeeding mothers and pregnant women interested in breastfeeding are welcome to come to free meetings or call Leaders for breastfeeding help.

### **Linn-Benton Community College**

Parenting Education Department  
Jeri Wolfe  
6500 Pacific Blvd SW  
Albany, OR 97321  
Telephone: 541-917-4891  
Fax: 541-917-4270  
Website: [www.linnbenton.edu/go/parenting-education](http://www.linnbenton.edu/go/parenting-education)  
Email: [jerri.wolfe@linnbenton.edu](mailto:jerri.wolfe@linnbenton.edu)

Description: The department promotes the development of positive parenting skills through classes, workshops and individual mentoring offered directly through LBCC and in collaboration with other agencies. Using best practices and evidence-based curricula the general population as well as at-risk families are served. The department offers continuing education and the Parent Educator Connector (PEC) listserv for parent educators.

## **Old Mill Center for Children and Families**

Healthy Start, Rally Around Families Together,  
Family Support and Connections

Melissa Moser

4515 SW Country Club Drive

Corvallis, OR 97370

Telephone: 541-757-8068

Fax: 541-758-1030

Email: [melissa\\_moser@oldmillcenter.org](mailto:melissa_moser@oldmillcenter.org)

## **OSU Child Development Center**

OSU Oregon Head Start Pre-K Program,

Joanne Sorte, Director

Child Development Center, OSU

130 Bates Hall

Corvallis, OR 97331

Telephone: 541-737-2516

Fax: 541-737-5579

Website:

<http://www.hhs.oregonstate.edu/hdfs/osu-child-development-center>

Email: [joanne.sorte@oregonstate.edu](mailto:joanne.sorte@oregonstate.edu)

Description: The OSU Child Development Center provides part-day preschool programs for children ages 3 to 5 (until kindergarten age). Enrollment is open to everyone in the community. Families with low income may be eligible to participate at no charge through the OSU Oregon Head Start Prekindergarten Program. The OSU Child Development Center collaborates with Linn-Benton-Lincoln ESD Early Intervention & Early Childhood Special Education to serve children with special developmental needs.

## **Parent Enhancement Program**

421 NW 4th Street, Suite A

Corvallis, OR 97330

Telephone: 541-758-8292

Fax: 541-758-8587

Website: [www.pep.peak.org](http://www.pep.peak.org)

Email: [pepdirector@peak.org](mailto:pepdirector@peak.org)

Description: Parent Enhancement Program serves parents and their children, who are Benton County residents and under the age of 26. Services are voluntary and free. Current services include BUDDY's (mentors), parenting education and adult skills classes, social activities, home visits, transportation, distribution of child safety equipment, educational assistance, family assistance, parent volunteerism, case support, a supervised playroom, Latino Family outreach, Dads/Male Outreach and parent newsletters.

## **Planned Parenthood of Southwestern Oregon**

Mary Gossart, VP of Education

360 East 10th Avenue, Suite 104

Eugene, OR 97401

Telephone: 541-344-1611, ext. 13

Fax: 541-342-6088

Website: [www.noplacelikehome.org](http://www.noplacelikehome.org);

[www.ppsworegon.org](http://www.ppsworegon.org)

Email: [education@pphsso.org](mailto:education@pphsso.org)

## **Rad Nannies**

Kate Denny

414 Boone St.

Salem, OR 97306

Telephone: 503-365-1988

Email: [kkzks@wvi.com](mailto:kkzks@wvi.com)

## **Strengthening Rural Families**

Rural Parenting Initiative

Andrea Myhre

1620 Applegate Street

Philomath, OR 97330

Telephone: 541-929-2535

Website: [www.ruralfamilies.org](http://www.ruralfamilies.org)

Email: [andrea.srf@ruralfamilies.org](mailto:andrea.srf@ruralfamilies.org)

## **WellMama Pregnancy and Postpartum Support Inc.**

Csilla Andor or Amy-Rose White

6282 SW Grand Oaks Dr.

Corvallis, OR 97333

Client Support: 800-896-0410

Administrative: 541-231-4343

Fax: 503-764-1467

Website: [www.WellMama.org](http://www.WellMama.org)

Email: [info@WellMama.org](mailto:info@WellMama.org)

Description: Serving women during and after pregnancy who experience stress, emotional or mental health difficulties, such as depression or anxiety. Services are available to partners or support persons as well. Free support groups and for-fee counseling in Eugene and Corvallis. Free phone & email support throughout Oregon.

## Clackamas County

### Adoption Mosaic

Astrid Dabbeni  
PO Box 18102  
Portland, OR 97215  
Telephone: 971-533-0102  
Website: [www.adoptionmosaic.org](http://www.adoptionmosaic.org)  
Email: [info@adoptionmosaic.org](mailto:info@adoptionmosaic.org)

### Canby High School

Teen Parent Program  
Janean Ferguson  
721 SW 4th Avenue  
Canby, OR 97013  
Telephone: 503-263-7200, ext. 5612  
Email: [fergusj1@canby.k12.or.us](mailto:fergusj1@canby.k12.or.us)

### Eastern Oregon Alcoholism Foundation

EOAF Parents Program  
Cathy McDonald  
216 S. W. Hailey Avenue  
Pendleton, OR 97801  
Telephone: 541-276-3518, ext. 212  
Fax: 541-276-4189  
Website: [www.eoaf.org](http://www.eoaf.org)  
Email: [cmcdonald@eoaf.org](mailto:cmcdonald@eoaf.org)

Description: EOAF is a residential drug and alcohol program that serves both men and women with children. Some of the parents have young children in treatment with them, but all parents are offered parenting classes.

### Essential Insights

Active Parenting Program  
Laurie Van-Si, MS.Ed  
7421 SE Eldorado Street  
Milwaukie, OR 97267  
Telephone: 503-722-7733  
Website: [www.essentialinsights.org](http://www.essentialinsights.org)  
Email: [lvansi@comcast.net](mailto:lvansi@comcast.net)

Description: Parenting classes are individually tailored to unique needs/concerns, specifically designed for families with special needs children, i.e. ADD/HD and children with other learning challenges.

### Family And Community Together, FACT

Family Support and Information Center  
Roberta Dunn  
619 SW 11th Avenue, Suite 102  
Portland, OR 97205  
Telephone: 503-243-3228  
Fax: 503-227-0346  
Website: [www.factoreregion.org](http://www.factoreregion.org)  
Email: [info@factoreregion.org](mailto:info@factoreregion.org)

### Gladstone School District

Parent Empowerment, Padres Adelante  
Mike Buchanan  
18905 Portland Avenue  
Gladstone, OR 97027  
Telephone: 503-496-3939  
Fax: 503-479-6075  
Website: [www.gladstone.k12.or.us/](http://www.gladstone.k12.or.us/)  
Email: [buchanam@gladstone.k12.or.us](mailto:buchanam@gladstone.k12.or.us)



### **Gresham High School**

Gresham High Child Development Center  
Julianne Standish  
1200 N Main Street  
Gresham, OR 97030  
Telephone: 503-674-5537  
Fax: 503-674-5549  
Website: [www.ghs.gresham.k12.or.us](http://www.ghs.gresham.k12.or.us)  
Email: [julianne\\_standish@gbsd.gresham.k12.or.us](mailto:julianne_standish@gbsd.gresham.k12.or.us)

### **Healthy Start**

Parents As Teachers  
Erin Deahn  
18905 Portland Avenue  
Gladstone, OR 97027  
Telephone: 503-546-6533  
Fax: 503-655-8145  
Website: [www.healthystartcc.org](http://www.healthystartcc.org)

### **La Leche League of Oregon**

Breastfeeding Support and Education  
Melanie Green  
3386 NW Summerhill Place  
Albany, OR 97321  
Telephone: 541-967-8965  
Website: [www.llli.org/Web/Oregon.html](http://www.llli.org/Web/Oregon.html)  
Email: [melanieverde@msn.com](mailto:melanieverde@msn.com)

Description: La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing education, information, support, and encouragement to women who want to breastfeed. All breastfeeding mothers and pregnant women interested in breastfeeding are welcome to come to free meetings or call Leaders for breastfeeding help.

### **Legacy Emanuel Children's Hospital**

Lynn Barnes (Community Health Education Services)  
Good Samaritan Hospital  
1042 NW 22nd Avenue, Suite 300  
Portland, OR 97210  
Telephone: 503-413-8792  
Fax: 503-413-6911  
Website: [www.legacyhealth.org](http://www.legacyhealth.org)  
Email: [lbarnes@lhs.org](mailto:lbarnes@lhs.org)

### **Listen To Kids**

Parent Child Involvement Project  
Lisa Chin  
5135 NW St Helens Road  
Portland, OR 97210  
Telephone: 503-280-1388  
Fax: 503-280-1392  
Website: [www.listentokids.org](http://www.listentokids.org)

### **Metropolitan Family Service**

Make Parenting a Pleasure and Guiding Good Choices  
Amy Corbett  
1808 SE Belmont Street  
Portland, OR 97214  
Telephone: 503-232-0007, ext. 160  
Fax: 503-232-9178  
Website: [www.metfamily.org](http://www.metfamily.org)  
Email: [amyc@metfamily.org](mailto:amyc@metfamily.org)

Description: MFS Parent Education reaches out to families to promote strong family communication, effective parenting skills, and parent involvement in a child's education offering Make Parenting a Pleasure for parents of children age 0-8, and Guiding Good Choices for parents of children age 9-14. MFS uses research based curriculum, facilitating groups in Spanish and English. MFS targets the general parent population and offers special outreach to families with a history of incarceration.

### **Options Counseling Services of Oregon**

Make Parenting a Pleasure, Options for Parenting  
Kelli McKnight  
3000 Market Street, Suite 530  
Baker School on Saginaw Street  
Salem, OR 97301  
Telephone: 541-687-6983  
Fax: 541-687-2063  
Website: [www.options.org](http://www.options.org)  
Email: [kellim@options.org](mailto:kellim@options.org)

### **Oregon Child Development Coalition**

Hilda Diaz  
PO Box 263  
1310 Meridian Drive  
Woodburn, OR 97071  
Telephone: 503-981-3001  
Fax: 503-981-0851  
Website: [www.ocdc.net](http://www.ocdc.net)

### **Oregon Partnership**

Parenting Classes and Workshops  
Emily Moser  
6443 SW Beaverton Hillsdale Hwy, Suite 200  
Portland, OR 97221  
Telephone: 503-244-5211  
Fax: 503-244-5506  
Website:  
[www.iocdc.netwww.orphnership.org](http://www.iocdc.netwww.orphnership.org)  
Email: [emoser@orphnership.org](mailto:emoser@orphnership.org)

### **Parrott Creek Child and Family Services**

Nancy DeFerrari  
1001 Molalla Avenue, Suite #209  
Oregon City, OR 97045  
Telephone: 503-546-6530 or 503-546-6517  
Fax: 503-655-8908  
Website: [www.pcreek.org](http://www.pcreek.org)  
Email: [ndeferrari@pcreek.org](mailto:ndeferrari@pcreek.org)

Description: Parrott Creek is a parent training program providing parenting education and support through one-on-one sessions. To be referred parents need to have an open case with DHS Child Welfare.

### **Pathfinders of Oregon, Pathfinder Academy**

Parenting Excellence, Teen Parent program  
Ely Sanders  
8010 N Charleston  
Portland, OR 97211  
Telephone: 503-307-2270  
Email: [esanders@pathfindersoforegon.org](mailto:esanders@pathfindersoforegon.org)

### **Portland Community College**

Department of Early Education & Family Studies  
Andrew Forshee, Ph.D.  
12000 SW 49th Avenue, HT 318  
Portland, OR 97219  
Telephone: 503-977-4027  
Website: [www.pcc.edu](http://www.pcc.edu)  
Email: [andrew.forshee15@pcc.edu](mailto:andrew.forshee15@pcc.edu)

### **Sam Barlow High School**

Bruin Buddies Preschool  
Lorena DuPuis  
5105 SE 302nd Avenue  
Gresham, OR  
Telephone: 503-674-5690  
Fax: 503-674-5645  
Email: [lorena\\_dupuis@gbsd.gresham.k12.or.us](mailto:lorena_dupuis@gbsd.gresham.k12.or.us)

### **YMCA of Columbia-Willamette**

Incredible Years, Love and Logic, and Strengthening Families  
YMCA Child Care Division  
9500 SW Barbur Blvd, Suite 240  
Portland, OR 97219  
Telephone: 503-327-0007  
Fax: 503-946-5009  
Website: [www.ymca-portland.org](http://www.ymca-portland.org)  
Email: [ychildcare@ymca-portland.org](mailto:ychildcare@ymca-portland.org)

Description: The YMCA of Columbia-Willamette Child Care Division currently operates 42 Before and After School programs, 16 Child Development Centers, and a Family Resource Center. These programs serve over 2500 families on a daily basis providing quality affordable care and services for all. Financial assistance for programs is available.

## Clatsop County

### **Community Action Team, Inc.**

Parenting Education  
Julianne Cullen  
PO Box 10  
108 West B Street  
Rainier, OR 97048  
Telephone: 503-556-3736  
Fax: 503-556-0705  
Website: [www.nworheadstart.org](http://www.nworheadstart.org)  
Email: [ervinjar@nworheadstart.org](mailto:ervinjar@nworheadstart.org)

### **Options Counseling Services of Oregon, Inc.**

Options for Parenting  
Kelli McKnight, M.Ed.  
1255 Pearl St, Suite 102  
Eugene, OR 97401  
Telephone: 541-687-6983  
Fax: 541-697-2063  
Website: [www.options.org](http://www.options.org)  
Email: [kellim@options.org](mailto:kellim@options.org)

### **La Leche League of Oregon**

Breastfeeding Support and Education  
Melanie Green  
3386 NW Summerhill Place  
Albany, OR 97321  
Telephone: 541-967-8965  
Website: [www.llli.org/Web/Oregon.html](http://www.llli.org/Web/Oregon.html)  
Email: [melanieverde@msn.com](mailto:melanieverde@msn.com)

Description: La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing education, information, support, and encouragement to women who want to breastfeed. All breastfeeding mothers and pregnant women interested in breastfeeding are welcome to come to our free meetings or call our Leaders for breastfeeding help.

### **LifeWorks NW**

Make Parenting a Pleasure, Strengthening Families Program 10-14  
Jill Quackenbush  
2911 Marine Drive, Suite B  
Astoria, OR 97103  
Telephone: 503-338-6990  
Fax: 503-338-6991  
Email: [jillq@lifeworksnw.org](mailto:jillq@lifeworksnw.org)

## Columbia County

### **Child & Family Development Programs of Community Action Team**

Parenting Education & Support

Julianne Cullen

PO Box 10

108 West B Street

Rainier, OR 97048

Telephone: 503-556-3736

Fax: 503-556-0705

Website: [www.cat-team.org](http://www.cat-team.org)

Website: [www.nworheadstart.org](http://www.nworheadstart.org)

Email: [jcullen@nworheadstart.org](mailto:jcullen@nworheadstart.org)

### **Community Action Team**

Healthy Start of Columbia County

Sunday Kamppi

125 N 17th

St. Helens, OR 97051

Telephone: 503-366-6556

Fax: 503-366-0908

Website: [www.nworheadstart.org/healthy\\_start](http://www.nworheadstart.org/healthy_start)

Email: [skamppi@nworheadstart.org](mailto:skamppi@nworheadstart.org)

Description: Healthy Start of Columbia County is a home visiting program for first time parents. Healthy Start offers information to families on child development, infant care, sleep safety and how to keep your baby healthy.

### **Options Counseling Services of Oregon**

Make Parenting a Pleasure, Options for Parenting

Kelli McKnight

3000 Market Street, Suite 530

Baker School on Saginaw Street

Salem, OR 97301

Telephone: 541-687-6983

Fax: 541-687-2063

Website: [www.options.org](http://www.options.org)

Email: [kellim@options.org](mailto:kellim@options.org)

### **Rad Nannies**

Kate Denny

414 Boone St.

Salem, OR 97306

Telephone: 503-365-1988

Email: [kkzks@wvi.com](mailto:kkzks@wvi.com)

## Coos County

### Coos Bay School District Teen Parent Program and Child Development Center

Michelle Inskeep  
PO Box 509  
755 S 7th Street  
Coos Bay, OR  
Telephone: 541-267-1496  
Fax: 541-266-7314  
Email: [michellei@coos-bay.k12.or.us](mailto:michellei@coos-bay.k12.or.us)

### Coos County Pregnancy Resource Center

L.I.F.E. (Learning - Incentives For Earning) Program  
Madge Osborn  
490 Commercial Avenue  
Coos Bay, OR 97420  
Telephone: 541-267-5204  
Fax: 541-267-5622  
Website: [www.possiblypregnant.org](http://www.possiblypregnant.org)  
Email: [pregnancyresourcecenter@live.com](mailto:pregnancyresourcecenter@live.com)

### Coos County Public Health Department

Kathy Cooley  
1975 McPherson #1  
North Bend, OR 97459  
Telephone: 541-756-2020, ext. 510  
Fax: 541-756-5828 (confidential) /541-756-5466 (department)  
Email: [kcooley@co.coos.or.us](mailto:kcooley@co.coos.or.us)

Description: Babies First!, Healthy Start and Parents as Teachers programs provide weekly to monthly home visits to families with children under the age of 4 years with certified, experienced nurses and/or parent educators. CaCoon provides nursing case management home visiting services to families with children up to the age of 21 years who have special health care needs. Services are offered at no-cost to the families; call for eligibility.

### La Leche League of Oregon

Breastfeeding Support and Education  
Melanie Green  
3386 NW Summerhill Place  
Albany, OR 97321  
Telephone: 541-967-8965  
Website: [www.llli.org/Web/Oregon.html](http://www.llli.org/Web/Oregon.html)  
Email: [melanieverde@msn.com](mailto:melanieverde@msn.com)

Description: La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing education, information, support, and encouragement to women who want to breastfeed. All breastfeeding mothers and pregnant women interested in breastfeeding are welcome to come to free meetings or call Leaders for breastfeeding help.

### Pathfinders of Oregon

Parenting Inside Out  
Cathy Calvin  
PO Box 19742  
7800 SW Barbur Blvd  
Portland, OR 97219  
Telephone: 503-910-1219  
Fax: 503-245-4022  
Website: [www.pathfindersoforegon.org](http://www.pathfindersoforegon.org)  
Email: [ccalvin@pathfindersoforegon.org](mailto:ccalvin@pathfindersoforegon.org)

### Planned Parenthood of Southwestern Oregon

Mary Gossart, VP of Education  
360 East 10th Avenue, Suite 104  
Eugene, OR 97401  
Telephone: 541-344-1611, ext. 13  
Fax: 541-342-6088  
Website: [www.noplacelikehome.org](http://www.noplacelikehome.org);  
[www.ppsworegon.org](http://www.ppsworegon.org)  
Email: [education@pphssso.org](mailto:education@pphssso.org)

## **Southwestern Oregon Community College**

Pathways to Positive Parenting!

Kathy Barber

1988 Newmark

Coos Bay, OR 97420

Telephone: 541-888-7123

Fax: 541-888-7953

Website: [www.socc.edu/serv\\_resrc/positive\\_parenting.html](http://www.socc.edu/serv_resrc/positive_parenting.html)

Email: [positiveparenting@socc.edu](mailto:positiveparenting@socc.edu)

Description: Pathways to Positive Parenting provides parent education classes in a 10 week series format in Coos and Curry Counties. In addition to classes, free dinner is offered for the entire family with free childcare during parenting education. Many community partners are closely involved in this project as we actively network to raise awareness of the importance of parenting education and to train facilitators in research-based parenting curricula.

## Crook County

### **Central Oregon Family Resource Center**

FamilyTrax, FACT

Vicki Ertle, Director

1130 NW Harriman Street

Bend, OR 97701

Telephone: 541 389-5468

Fax: 541 389-8327

Website: [www.frconline.org](http://www.frconline.org)

Email: [vertle@cooc.edu](mailto:vertle@cooc.edu)

Description: Central Oregon Family Resource Center (FRC) offers 9 evidence based programs for families with children birth to 17 at various locations. Audiences include universal, selective, and targeted populations with some classes available in Spanish. FRC also provides data collection and maintenance for Central Oregon 2-1-1 Information and Referral and a free parent lending library.

## Curry County

### Coos County Pregnancy Resource Center

L.I.F.E. (Learning - Incentives For Earning)

Program

Madge Osborn

490 Commercial Avenue

Coos Bay, OR 97420

Telephone: 541-267-5204

Fax: 541-267-5622

Website: [www.possiblypregnant.org](http://www.possiblypregnant.org)

Email: [pregnancyresourcecenter@live.com](mailto:pregnancyresourcecenter@live.com)

### Curry County Public Health

Healthy Start

Patricia Savage

PO Box 746

94235 Moore Street

Gold Beach, OR 97444

Telephone: 541-247-3300

Fax: 541-247-5601

Website: [www.co.curry.or.us](http://www.co.curry.or.us)

Email: [savagep@co.curry.or.us](mailto:savagep@co.curry.or.us)

### North Curry Families' and Children's Center, The People Place

Adventures in Parenting

Ollie K. Jones

PO Box 155

1403 Oregon Street

Port Orford, OR 97465

Telephone: 541-332-1042

Fax: 541-332-8044

Email: [joneso@co.curry.or.us](mailto:joneso@co.curry.or.us)

Description: Parenting education and support activities for families with children and youth. Program supported in North Curry County by a partnership with the Port Orford Langlois school District, Curry Commission on Children & Families, Southwestern Oregon Community College and The Ford Family Foundation.

### Southwestern Oregon Community College

Pathways to Positive Parenting!

Kathy Barber

1988 Newmark

Coos Bay, OR 97420

Telephone: 541-888-7123

Fax: 541-888-7953

Website: [www.socc.edu/serv\\_resrc/positive\\_parenting.html](http://www.socc.edu/serv_resrc/positive_parenting.html)

Email: [positiveparenting@socc.edu](mailto:positiveparenting@socc.edu)

Description: Pathways to Positive Parenting provides parent education classes in a 10 week series format in Coos and Curry Counties. In addition to classes, free dinner is offered for the entire family with free childcare during parenting education. Many community partners are closely involved in this project as we actively network to raise awareness of the importance of parenting education and to train facilitators in research-based parenting curricula.



## Deschutes County

### **Bend Senior High School**

FACS class titled Family Wellness + Teen Parent  
class titled Skills for Parents  
Debbie Hammond  
230 NE 6th  
Bend, OR 97701  
Telephone: 541-322-5406  
Fax: 541-383-6465  
Email: [debbie.hammond@bend.k12.or.us](mailto:debbie.hammond@bend.k12.or.us)

### **Central Oregon Family Resource Center**

FamilyTrax, FACT  
Vicki Ertle, Director  
1130 NW Harriman Street  
Bend, OR 97701  
Telephone: 541 389-5468  
Fax: 541 389-8327  
Website: [www.frconline.org](http://www.frconline.org)  
Email: [vertle@cocc.edu](mailto:vertle@cocc.edu)

Description: Central Oregon Family Resource Center (FRC) offers 9 evidence based programs for families with children birth to 17 at various locations throughout Deschutes County. Audiences include universal, selective, and targeted populations with some classes available in Spanish. FRC also provides data collection and maintenance for Central Oregon 2-1-1 Information and Referral and a free parent lending library.

### **Deschutes County Health Services**

Jodi Love, LCSW  
2577 NE Courtney Drive  
Bend, OR 97701  
Telephone: 541-322-7500  
Fax: 541-322-7566

### **La Leche League of Oregon**

Breastfeeding Support and Education  
Melanie Green  
3386 NW Summerhill Place  
Albany, OR 97321  
Telephone: 541-967-8965  
Website: [www.llli.org/Web/Oregon.html](http://www.llli.org/Web/Oregon.html)  
Email: [melanieverde@msn.com](mailto:melanieverde@msn.com)

Description: La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing education, information, support, and encouragement to women who want to breastfeed. All breastfeeding mothers and pregnant women interested in breastfeeding are welcome to come to free meetings or call Leaders for breastfeeding help.

### **MountainStar Family Relief Nursery**

Cherie Skillings  
2125 NE Daggett Lane  
Bend, OR 97701  
Telephone: 541-322-6820  
Fax: 541-322-1884  
Website: [www.mountainstarfamily.org](http://www.mountainstarfamily.org)  
Email: [cheries@mountainstarfamily.org](mailto:cheries@mountainstarfamily.org)

### **Ready\*Set\*Go**

Ready\*Set\*Go/Healthy Start  
Kathy Thompson  
2125 N.E. Daggett  
Bend, OR 97701  
Telephone: 541-749-2137  
Fax: 541-585-3607  
Email: [kathy.thompson@hdesd.org](mailto:kathy.thompson@hdesd.org)

## **Redmond School District**

Teen Parent Program

Marilyn Warner – Coordinator

Redmond School District

145 SE Salmon Avenue

Redmond, OR 97756

Telephone: District 541-923-5437

Marilyn Warner 541-923-7230

Website: [www.redmond.k12.or.us](http://www.redmond.k12.or.us)

Email: [Marilyn.warner@redmond.k12.or.us](mailto:Marilyn.warner@redmond.k12.or.us)

Description: School based child-care and prenatal/parenting curriculum for students in the Redmond School District who are pregnant or parenting.

## **Together For Children**

Edie Jones

2125 NE Daggett Lane

Bend, OR 97701

Telephone: 541-389-9317

Website: [www.together-for-children.org](http://www.together-for-children.org)

Email: [edie@together-for-children.org](mailto:edie@together-for-children.org)

## Douglas County

### **ADAPT**

Strengthening Families  
Pauline Martel  
548 SE Jackson Street, #3  
Roseburg, OR 97470  
Telephone: 541-672-2691  
Fax: 541-673-5642  
Email: [paulinem@adapt-or.org](mailto:paulinem@adapt-or.org)

### **Coos County Pregnancy Resource Center**

L.I.F.E. (Learning - Incentives For Earning)  
Program  
Madge Osborn  
490 Commercial Avenue  
Coos Bay, OR 97420  
Telephone: 541-267-5204  
Fax: 541-267-5622  
Website: [www.possiblypregnant.org](http://www.possiblypregnant.org)  
Email: [pregnancyresourcecenter@live.com](mailto:pregnancyresourcecenter@live.com)

### **Douglas ESD - Douglas County Early Childhood Planning Coalition (DCECPC)**

Parent Education and Training Brokerage  
Kim Deck  
1871 NE Stephens St  
Roseburg, OR 97470  
Telephone: 541-817-3119  
Website: <http://www.parenteducation.org>  
Email: [kim.deck@douglasesd.k12.or.us](mailto:kim.deck@douglasesd.k12.or.us)

Description: The DCECPC provides parenting education opportunities for parents of young children (0-8 years), and offers specialized programming in the Roseburg area for teen parents and Hispanic/Latino parents. Community classes are scheduled in Roseburg, Winston, Sutherlin, Myrtle Creek, Glendale, Glide, Reedsport, and Drain. Programs are free of charge and include onsite childcare and complimentary refreshments. Advance registration for parenting classes and childcare is required.

### **Family Connections of Lane & Douglas**

Choosing Quality Care  
Digna Colwell  
846 SE Pine St  
Roseburg, OR 97470  
Telephone: 541-672-7955  
Fax: 541-440-3498  
Email: [dcollwelloregonchildcare.org](mailto:dcollwelloregonchildcare.org)

### **Family Development Center**

FDC Parenting Inside Out - The Community Version  
Charlene Strasser  
300 Jerry's Drive  
Roseburg, OR 97470  
Telephone: 541-673-4354  
Fax: 541-229-0623  
Website: <http://www.familydevelopment.us>  
Email: [charlenes@douglasesd.k12.or.us](mailto:charlenes@douglasesd.k12.or.us)

Description: Curriculum focuses on child abuse prevention, alleviating high-risk behaviors, and changing generational cycles. Spaces are based on availability. Families with young children and families enrolled in Family Development Center programs have preference.

### **Family Relief Nursery**

Parent Education  
Heather Murphy  
PO Box 1207  
720 N. 14th Street  
Cottage Grove, OR 97424  
Telephone: 541-942-4835  
Fax: 541-942-7359  
Email: [heathermurphy@oip.net](mailto:heathermurphy@oip.net)

### **La Leche League of Oregon**

Breastfeeding Support and Education

Melanie Green

3386 NW Summerhill Place

Albany, OR 97321

Telephone: 541-967-8965

Website: [www.llli.org/Web/Oregon.html](http://www.llli.org/Web/Oregon.html)

Email: [melanieverde@msn.com](mailto:melanieverde@msn.com)

Description: La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing education, information, support, and encouragement to women who want to breastfeed. All breastfeeding mothers and pregnant women interested in breastfeeding are welcome to come to free meetings or call Leaders for breastfeeding help.

### **Migrant Education Program**

Pilas! Family Literacy

Alliscia Niles

1200 Hwy 99

Eugene, OR 97402

Telephone: 541-461-8283

Website: <http://www.lesd.k12.or.us>

Email: [mep@lesd.k12.or.us](mailto:mep@lesd.k12.or.us)

### **North Douglas PTA**

Future of Families

Lisa Neely

PO Box 338

100 N. School Street

Drain, OR 97435

Telephone: 541-942-3821

### **Options Counseling Services of Oregon, Inc.**

Options for Parenting, Make Parenting a Pleasure

Kelli McKnight, M.Ed.

1255 Pearl St, Suite 102

Eugene, OR 97401

Telephone: 541-687-6983

Fax: 541-697-2063

Website: [www.options.org](http://www.options.org)

Email: [kellim@options.org](mailto:kellim@options.org)

### **ORCCA Great Afternoons/Reedsport School District Partner**

Nurturing Parenting

Chris Marsh

2260 Longwood Drive

Reedsport, OR 97467

Telephone: 541-271-3926

Fax: 541-271-2143

Website: [www.orcca.gov](http://www.orcca.gov)

Email: [chrstnmarsh@reedsport.k12.or.us](mailto:chrstnmarsh@reedsport.k12.or.us)

### **Planned Parenthood of Southwestern Oregon**

Mary Gossart, VP of Education

360 East 10th Avenue, Suite 104

Eugene, OR 97401

Telephone: 541-344-1611, ext. 13

Fax: 541-342-6088

Website: [www.noplacelikehome.org](http://www.noplacelikehome.org);

[www.ppsworegon.org](http://www.ppsworegon.org)

Email: [education@pphssso.org](mailto:education@pphssso.org)

### **Roseburg High School**

Roseburg High School Early Childhood

Education & Teen Parent Program

Dina Marschall

400 W. Harvard Avenue

Roseburg, OR 97470

Telephone: 541-440-4142, ext. 4427

Fax: 541-440-8296

Email: [dmarschall@roseburg.k12.or.us](mailto:dmarschall@roseburg.k12.or.us)

## Gilliam County

### **Eastern Oregon Alcoholism Foundation**

EOAF Parents Program  
Cathy McDonald  
216 S. W. Hailey Avenue  
Pendleton, OR 97801  
Telephone: 541-276-3518, ext. 212  
Fax: 541-276-4189  
Website: [www.eoaf.org](http://www.eoaf.org)  
Email: [cmcdonald@eoaf.org](mailto:cmcdonald@eoaf.org)

Description: EOAF is a residential drug and alcohol program that serves both men and women with children. Some of the parents have young children in treatment with them, but all parents are offered parenting classes.

### **Gilliam County Library**

Every Child Ready to Read at your Library  
Kathy Street  
PO Box 34  
310 S Main Street  
Condon, OR 97823  
Telephone: 541-384-6052  
Fax: 541-384-6052  
Website: [www.gilliam.plinkit.org](http://www.gilliam.plinkit.org)  
Email: [gilliamlib@gmail.com](mailto:gilliamlib@gmail.com)

### **Mt. Emily Safe Center**

Make Parenting a Pleasure, Healthy Start  
Sandra Leavitt  
PO Box 146  
2107 3rd Street  
La Grande, OR 97850  
Telephone: 541-963-0602  
Fax: 541-962-0345  
Website: [www.mtemilysafecenter.com](http://www.mtemilysafecenter.com)  
Email: [director@mtemilysafecenter.com](mailto:director@mtemilysafecenter.com)

Description: Mt. Emily Safe Center is a Child Abuse Intervention Center whose mission is to provide a multidisciplinary approach to the assessment of child abuse, ensure children and youth have access to prevention services, and to promote safe and healthy environments for families.

### **North Central ESD Early Education**

Head Start & Healthy Start  
Kim Williams  
P O Box 951  
135 Main  
Condon, OR 97823  
Telephone: 541-384-3808  
Fax: 541-384-3809  
Email: [williams@ncesd.k12.or.us](mailto:williams@ncesd.k12.or.us)

Description: North Central ESD provides home visiting, and educational programs serving families with children birth to age five.

### **Umatilla-Morrow County Head Start, Inc.**

Head Start, Early Head Start, WIC, CCR&R, Family Support & Connections, CASA  
Sue Aikens, Training Coordinator  
110 NE 4th Street  
Hermiston, OR 97838  
Telephone: 541-564-6878  
Toll Free: 1-800-559-5878  
Fax: 541-564-6879  
Website: [www.umchs.org](http://www.umchs.org)  
Email: [saikens@umchs.org](mailto:saikens@umchs.org)

Description: A variety of parent education curricula and topics including: Nutrition Education (WIC), Incredible Years (parenting 3-8), Infant/Toddler Incredible Years (0-2), Four Cornerstones to Financial Literacy, 1-2-3-4 Parents!, Dr. Dad and Successful Fathering.

## Grant County

### Child Care Resource & Referral

Jean Johnson  
1916 Island Avenue  
La Grande, OR 97850  
Telephone: 541-963-7942  
Fax: 541-963-8458  
Website: [www.trainingemployment.org](http://www.trainingemployment.org)  
Email: [johnj@tecteam.org](mailto:johnj@tecteam.org)

### Eastern Oregon Alcoholism Foundation

EOAF Parents Program  
Cathy McDonald  
216 S. W. Hailey Avenue  
Pendleton, OR 97801  
Telephone: 541-276-3518, ext. 212  
Fax: 541-276-4189  
Website: [www.eoaf.org](http://www.eoaf.org)  
Email: [cmcdonald@eoaf.org](mailto:cmcdonald@eoaf.org)

Description: EOAF is a residential drug and alcohol program that serves both men and women with children. Some of the parents have young children in treatment with them, but all parents are offered parenting classes.

### Families First of Grant County, Inc.

Parents as Teachers, Healthy Start, Parenting on Demand, Scheduled Parenting Classes, Children in the Middle  
Linda Harrington or Teresa Aasness  
401 S. Canyon Blvd.  
John Day, OR 97845  
Telephone: 541-575-1006  
Fax: 541-575-5754  
Website: [www.orgsites.com/or/familiesfirst/](http://www.orgsites.com/or/familiesfirst/)  
Email: [familiesfirst@centurytel.net](mailto:familiesfirst@centurytel.net)

### Mt. Emily Safe Center

Make Parenting a Pleasure, Healthy Start  
Sandra Leavitt  
PO Box 146  
2107 3rd Street  
La Grande, OR 97850  
Telephone: 541-963-0602  
Fax: 541-962-0345  
Website: [www.mtemilysafecenter.com](http://www.mtemilysafecenter.com)  
Email: [director@mtemilysafecenter.com](mailto:director@mtemilysafecenter.com)

Description: Mt. Emily Safe Center is a Child Abuse Intervention Center whose mission is to provide a multidisciplinary approach to the assessment of child abuse, ensure children and youth have access to prevention services, and to promote safe and healthy environments for families.

### Umatilla-Morrow County Head Start, Inc.

Head Start, Early Head Start, WIC, CCR&R, Family Support & Connections, CASA  
Sue Aikens, Training Coordinator  
110 NE 4th Street  
Hermiston, OR 97838  
Telephone: 541-564-6878  
Toll Free: 1-800-559-5878  
Fax: 541-564-6879  
Website: [www.umchs.org](http://www.umchs.org)  
Email: [saikens@umchs.org](mailto:saikens@umchs.org)

Description: A variety of parent education curricula and topics including: Nutrition Education (WIC), Incredible Years (parenting 3-8), Infant/Toddler Incredible Years (0-2), Four Cornerstones to Financial Literacy, 1-2-3-4 Parents!, Dr. Dad and Successful Fathering.

## Harney County

### **Child Care Resource & Referral**

Jean Johnson  
1916 Island Avenue  
La Grande, OR 97850  
Telephone: 541-963-7942  
Fax: 541-963-8458  
Website: [www.trainingemployment.org](http://www.trainingemployment.org)  
Email: [johnj@tecteam.org](mailto:johnj@tecteam.org)

### **Eastern Oregon Alcoholism Foundation**

EOAF Parents Program  
Cathy McDonald  
216 S. W. Hailey Avenue  
Pendleton, OR 97801  
Telephone: 541-276-3518, ext. 212  
Fax: 541-276-4189  
Website: [www.eoaf.org](http://www.eoaf.org)  
Email: [cmcdonald@eoaf.org](mailto:cmcdonald@eoaf.org)

Description: EOAF is a residential drug and alcohol program that serves both men and women with children. Some of the parents have young children in treatment with them, but all parents are offered parenting classes.

### **Harney County Commission on Children and Families**

Harney Partners Parent Education Program  
Patty Dorroh  
450 N. Buena Vista #5  
24 Fairview Heights Loop Road  
Burns, OR 97720  
Telephone: 541-573-3350  
Fax: 541-573-8387  
Email: [dorrohmp@hughes.net](mailto:dorrohmp@hughes.net)

## Hood River County

### **Eastern Oregon Alcoholism Foundation**

EOAF Parents Program  
Cathy McDonald  
216 S. W. Hailey Avenue  
Pendleton, OR 97801  
Telephone: 541-276-3518, ext. 212  
Fax: 541-276-4189  
Website: [www.eoaf.org](http://www.eoaf.org)  
Email: [cmcdonald@eoaf.org](mailto:cmcdonald@eoaf.org)

Description: EOAF is a residential drug and alcohol program that serves both men and women with children. Some of the parents have young children in treatment with them, but all parents are offered parenting classes.

### **Essential Insights**

Active Parenting Program  
Laurie Van-Si, MS.Ed  
7421 SE Eldorado Street  
Milwaukie, OR 97267  
Telephone: 503-722-7733  
Website: [www.essentialinsights.org](http://www.essentialinsights.org)  
Email: [lvansi@comcast.net](mailto:lvansi@comcast.net)

Description: Parenting classes are individually tailored to unique needs/concerns, specifically designed for families with special needs children, i.e. ADD/HD and children with other learning challenges.

### **Hood River County School District, Hood River Valley High School**

Early Childhood Education and Child Psychology courses  
Barbara Hughes  
1220 Indian Creek Road  
Hood River, OR 97031  
Telephone: 541-386-4500, ext. 4546  
Email: [bhughes@hoodriver.k12.or.us](mailto:bhughes@hoodriver.k12.or.us)

### **Mid-Columbia Children's Council**

John Mendez  
1100 East Marina Way, Suite 215  
Hood River, OR 97031  
Telephone: 541-386-2010  
Website: [www.mcccheadstart.org](http://www.mcccheadstart.org)  
Email: [mcccjmendez@gorge.net](mailto:mcccjmendez@gorge.net)

### **The Next Door, Inc.**

Parenting Education Program  
Nancy Johanson Paul  
PO Box 661  
212 2nd Street  
Hood River, OR 97031  
Telephone: 541-308-2236  
Fax: 541-386-5440  
Website: [www.nextdoorinc.org](http://www.nextdoorinc.org)  
Email: [nancyp@nextdoorinc.org](mailto:nancyp@nextdoorinc.org)

Description: We offer an array of parenting classes throughout Hood River County for parents of children ages 10-14: Make Parenting a Pleasure (10 weeks) for parents with children ages 1-8; Strengthening Families (7 weeks) for parents and their children ages 10-14; and occasionally Incredible Years and Positive Discipline. Free childcare and meals are provided as well as incentives for completing the class series. Open to ALL families!



## Jackson County

### Child Care Resource Network

Parenting Now  
Rene Wold  
673 Market Street  
Medford, OR 97504  
Telephone: 541-842-2593  
Fax: 541-776-5125  
Website: [www.jobcouncil.org](http://www.jobcouncil.org)  
Email: [renew@jobcouncil.org](mailto:renew@jobcouncil.org)

### Eagle Point High School

EPHS Teen Parenting Program  
Cristi Remick  
PO Box 198  
203 North Platt  
Eagle Point, OR 97524  
Telephone: 541-830-6720  
Fax: 541-826-4872  
Website: [www.eaglepnt.k12.or.us](http://www.eaglepnt.k12.or.us)  
Email: [remickc@eaglepnt.k12.or.us](mailto:remickc@eaglepnt.k12.or.us)

### Jackson County Library Services

Denise Galarraga  
Jackson County Library Services, Medford  
Branch  
205 S. Central  
Medford, OR 97501  
Telephone: 541-774-6401  
Fax: 541-774-6408  
Website: [www.jcls.org](http://www.jcls.org)  
Email: [dgalarraga@jcls.org](mailto:dgalarraga@jcls.org)

Description: Babies in the Library is a storytime and literacy program for prewalking babies and a caring adult. Program presenters use rhymes, fingerplays, songs, and toys to teach literacy skills. The program is offered in the branches across Jackson County. Programs are presented in English and Spanish. A new Wobblers program, for walking babies not yet ready for preschool storytime, is being offered at some branches.

### La Leche League of Oregon

Breastfeeding Support and Education  
Melanie Green  
3386 NW Summerhill Place  
Albany, OR 97321  
Telephone: 541-967-8965  
Website: [www.llli.org/Web/Oregon.html](http://www.llli.org/Web/Oregon.html)  
Email: [melanieverde@msn.com](mailto:melanieverde@msn.com)

Description: La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing education, information, support, and encouragement to women who want to breastfeed. All breastfeeding mothers and pregnant women interested in breastfeeding are welcome to come to free meetings or call Leaders for breastfeeding help.

### Medford School District

Teen Parent Program  
Debra Johnson  
1900 N Keene Way Dr  
Medford, OR 97501  
Telephone: 541-842-1289  
Fax: 541-842-5206  
Website: [medford.k12.or.us](http://medford.k12.or.us)  
Email: [debbie.johnson@medford.k12.or.us](mailto:debbie.johnson@medford.k12.or.us)

Description: The Medford School District 549C provides an on-site Teen Parent and Child Development Program at North Medford High School. The Teen Parent Program serves all enrolled teen parents and their children (including transfer students) and community children, when space is available. Services offered include: on-site childcare, transportation, USDA food program, parent and prenatal education, career and college information, mentors, on-site mental health support group and case management.

### **New Beginnings, Parenting Enhancement Program: LLC**

David M. Bones  
PO Box 441  
350 Cambridge  
Ashland, OR 97520  
Telephone: 541-944-4872  
Fax: 541-776-6063 (DHS Fax in Medford)  
Email: [davidmbones@aol.com](mailto:davidmbones@aol.com)

### **OnTrack**

Nurturing Parent Program  
Rita Sullivan  
221 W. Main Street  
Medford, OR 97501  
Telephone: 541-779-5093  
Fax: 541-734-2410  
Website: [ontrack@ontrackrecovery.org](mailto:ontrack@ontrackrecovery.org)  
Email: [rontrack@cybernetisp.net](mailto:rontrack@cybernetisp.net)

### **Planned Parenthood of Southwestern Oregon**

Mary Gossart, VP of Education  
360 East 10th Avenue, Suite 104  
Eugene, OR 97401  
Telephone: 541-344-1611, ext. 13  
Fax: 541-342-6088  
Website: [www.noplacelikehome.org](http://www.noplacelikehome.org);  
[www.ppsworegon.org](http://www.ppsworegon.org)  
Email: [education@pphssso.org](mailto:education@pphssso.org)

### **Southern Oregon Child and Family Council, Inc.**

Early Head Start  
Blair Johnson  
PO Box 3697  
1001 Beall Lane  
Central Point, OR 97502  
Telephone: 541-734-5150  
Fax: 541-608-0268  
Website: [www.socfc.org](http://www.socfc.org)  
Email: [blair.johnson@socfc.org](mailto:blair.johnson@socfc.org)

### **Southern Oregon Education Service District**

Migrant Parent Advisory Committee  
Charlie Bauer  
5465 S. Pacific Highway  
Phoenix, OR 97535  
Telephone: 541-245-4595  
Fax: 541-535-2460

Description: The Migrant Parent Advisory Committee evaluates and guides the Migrant Programs in our region. Listo is a family literacy program.

### **Southern Oregon Head Start**

Family Advocates - Families At Risk  
Felicity Elworthy  
PO Box 3697  
1001 Beall Lane  
Central Point, OR 97502  
Telephone: 541-734-5150  
Fax: 541-734-2279  
Website: [www.socfc.org](http://www.socfc.org)  
Email: [felworthy@socfc.org](mailto:felworthy@socfc.org)

### **Southern Oregon Goodwill Industries**

Steps to Success Family Strengthening Program  
11 E Jackson Street  
Medford, Oregon 97501  
Telephone: 541-772-3300  
Fax: 541-772-6158  
Website: [www.sogoodwill.org](http://www.sogoodwill.org)  
Email: [linda.durbrow@sogoodwill.org](mailto:linda.durbrow@sogoodwill.org)

Description: Steps to Success focuses on parents with children between the ages 0-17 who would like support developing their parenting, financial, and employment skills. You can choose which mode of support you prefer, do you like learning by attending classes or if you rather you can get support by meeting within your own home where the support can be customized directly towards your needs.

**The Family Nurturing Center, Jackson  
County Children's Relief Nursery**

Parents as Teacher, The Nurturing Program

Mary-Curtis Gramley

212 North Oakdale Avenue

Medford, OR 97501

Telephone: 541-779-5242

Fax: 541-779-2523

Website: [www.familynurturingcenter.net](http://www.familynurturingcenter.net)

Email: [mcgramley@familynurturingcenter.net](mailto:mcgramley@familynurturingcenter.net)

## Jefferson County

### **Best Care Treatment Services Inc**

Steps Systematic Training for Effective Parenting (English Speaking),  
Los Ninos (Spanish Speaking)  
Bob Jackson  
125 SW C Street  
Madras, OR 97741  
Telephone: 541-475-6575

### **Central Oregon Family Resource Center**

FamilyTrax, FACT  
Vicki Ertle, Director  
1130 NW Harriman Street  
Bend, OR 97701  
Telephone: 541 389-5468  
Fax: 541 389-8327  
Website: [www.frconline.org](http://www.frconline.org)  
Email: [vertle@cofcc.edu](mailto:vertle@cofcc.edu)

Description: Central Oregon Family Resource Center (FRC) offers 9 evidence based programs for families with children birth to 17 at various locations. Audiences include universal, selective, and targeted populations with some classes available in Spanish. FRC also provides data collection and maintenance for Central Oregon 2-1-1 Information and Referral and a free parent lending library.

### **Eastern Oregon Alcoholism Foundation**

EOAF Parents Program  
Cathy McDonald  
216 S. W. Hailey Avenue  
Pendleton, OR 97801  
Telephone: 541-276-3518, ext. 212  
Fax: 541-276-4189  
Website: [www.eoaf.org](http://www.eoaf.org)  
Email: [cmcdonald@eoaf.org](mailto:cmcdonald@eoaf.org)

Description: EOAF is a residential drug and alcohol program that serves both men and women, who have children. Some of the parents have young children in treatment with them, but all parents are offered parenting classes.

### **Mid-Columbia Children's Council**

John Mendez  
1100 East Marina Way, Suite 215  
Hood River, OR 97031  
Telephone: 541-386-2010  
Website: [www.mcccheadstart.org](http://www.mcccheadstart.org)  
Email: [mcccjmendez@gorge.net](mailto:mcccjmendez@gorge.net)

### **Rad Nannies**

Kate Denny  
414 Boone St.  
Salem, OR 97306  
Telephone: 503-365-1988  
Email: [kkzks@wvi.com](mailto:kkzks@wvi.com)

### **Ready\*Set\*Go**

Ready\*Set\*Go/Healthy Start  
Kathy Thompson  
2125 N.E. Daggett  
Bend, OR 97701  
Telephone: 541-749-2137  
Fax: 541-585-3607  
Email: [kathy.thompson@hdesd.org](mailto:kathy.thompson@hdesd.org)

## Josephine County

### Child Care Resource Network

Parenting Now  
Rene Wold  
673 Market Street  
Medford, OR 97504  
Telephone: 541-842-2593  
Fax: 541-776-5125  
Website: [www.jobcouncil.org](http://www.jobcouncil.org)  
Email: [renew@jobcouncil.org](mailto:renew@jobcouncil.org)

### Grants Pass Family YMCA

Love and Logic Parenting Classes  
Shauna Bland  
PO Box 5439  
1000 Redwood Avenue  
Grants Pass, OR 97527  
Telephone: 541-474-0001  
Fax: 541-474-0087  
Website: [www.grantspassymca.org](http://www.grantspassymca.org)  
Email: [sbland@grantspassymca.net](mailto:sbland@grantspassymca.net)

### Grants Pass High School

Child Development classes, Teen Parent Seminar  
Kim Bennett  
830 NE 9th Street  
Grants Pass, OR 97526  
Telephone: 541-474-5710  
Email: [kbennett@grantspass.k12.or.us](mailto:kbennett@grantspass.k12.or.us)

### La Leche League of Oregon

Breastfeeding Support and Education  
Melanie Green  
3386 NW Summerhill Place  
Albany, OR 97321  
Telephone: 541-967-8965  
Website: [www.llli.org/Web/Oregon.html](http://www.llli.org/Web/Oregon.html)  
Email: [melanieverde@msn.com](mailto:melanieverde@msn.com)

Description: La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing education, information, support, and encouragement to women who want to breastfeed. All breastfeeding mothers and pregnant women interested in breastfeeding are welcome to come to free meetings or call Leaders for breastfeeding help.

### New Beginnings, Parenting Enhancement Program: LLC

David M. Bones  
PO Box 441  
350 Cambridge  
Ashland, OR 97520  
Telephone: 541-944-4872  
Fax: 541-776-6063 (DHS Fax in Medford)  
Email: [davidmbones@aol.com](mailto:davidmbones@aol.com)

### Options for Southern Oregon

Children's Resource Team  
Donna Lipparelli  
1181 Ramsey Avenue  
Grants Pass, OR 97527  
Telephone: 541-476-2373  
Fax: 541-479-2450  
Website: [www.optionsonline.org](http://www.optionsonline.org)  
Email: [dlipparelli@optionsonline.org](mailto:dlipparelli@optionsonline.org)

## **Planned Parenthood of Southwestern Oregon**

Mary Gossart, VP of Education  
360 East 10th Avenue, Suite 104  
Eugene, OR 97401  
Telephone: 541-344-1611, ext. 13  
Fax: 541-342-6088  
Website: [www.noplacelikehome.org](http://www.noplacelikehome.org);  
[www.ppsworegon.org](http://www.ppsworegon.org)  
Email: [education@pphssso.org](mailto:education@pphssso.org)

## **Siskiyou Community Health Center**

Project Baby Check and Ready Set Go  
Jacque Doney  
125 NE Manzanita  
Grants Pass, OR 97526  
Telephone: 541-471-3455  
Fax: 541-471-1439  
Email: [jdoney@siskiyouhealthcenter.com](mailto:jdoney@siskiyouhealthcenter.com)

Description: Home visits are offered to families with children from the 3<sup>rd</sup> trimester of pregnancy to 5 years of age. Information on nutrition, literacy, child development, parenting and community resources are provided. Parent Group Meetings are offered on a monthly basis to provide education, socialization and peer support. Programs are voluntary and free of charge.

## **Southern Oregon Child and Family Council, Inc.**

Early Head Start  
Blair Johnson  
PO Box 3697  
1001 Beall Lane  
Central Point, OR 97502  
Telephone: 541-734-5150  
Fax: 541-608-0268  
Website: [www.socfc.org](http://www.socfc.org)  
Email: [blair.johnson@socfc.org](mailto:blair.johnson@socfc.org)

## **Southern Oregon Education Service District**

Migrant Parent Advisory Committee  
Charlie Bauer  
5465 S. Pacific Highway  
Phoenix, OR 97535  
Telephone: 541-245-4595  
Fax: 541-535-2460

Description: The Migrant Parent Advisory Committee evaluates and guides the Migrant Programs in our region. Listo is a family literacy program.

## **Southern Oregon Goodwill Industries**

Steps to Success Family Strengthening Program  
Breanna Fain  
735 SW 5th Street  
Grants Pass, OR 97526  
Telephone: 541-955-5253  
Fax: 541-955-5175  
Website: [www.sogoodwill.org](http://www.sogoodwill.org)  
Email: [breanna.fain@sogoodwill.org](mailto:breanna.fain@sogoodwill.org)

Description: Steps to Success focuses on parents with children between the ages 0-17 who would like support developing their parenting, financial, and employment skills. You can choose which mode of support you prefer, do you like learning by attending classes or if you rather you can get support by meeting within your own home where the support can be customized directly towards your needs.

## **Southern Oregon Head Start**

Family Advocates - Families At Risk  
Felicity Elworthy  
PO Box 3697  
1001 Beall Lane  
Central Point, OR 97502  
Telephone: 541-734-5150  
Fax: 541-734-2279  
Website: [www.socfc.org](http://www.socfc.org)  
Email: [felworthy@socfc.org](mailto:felworthy@socfc.org)

## Klamath County

### **Williamson River Indian Mission United Methodist Church**

Positive Indian Parenting, Finding Your North Star

Rachel Chavez

32231 Modoc Point Road

Chiloquin, OR 97624

Telephone: 541-810-1308

Email: [pftrfchavez7@aol.com](mailto:pftrfchavez7@aol.com)

### **Klamath Falls City Schools**

ODE Parenthood Education Curriculum

Joanie Rote

1300 Monclair Street

Klamath Falls, OR 97601

Telephone: 541-885-4274

Email: [rotej@kfalls.k12.or.us](mailto:rotej@kfalls.k12.or.us)

### **Klamath Falls City Schools Early Childhood Intervention Program**

Early Intervention Services

Bill Sigars

2858 Eberlein Street

Klamath Falls, OR 97603

Telephone: 541-883-4748

Fax: 541-850-2770

Website: [www.kfalls.k12.or.us/departments/eci/eci.htm](http://www.kfalls.k12.or.us/departments/eci/eci.htm)

Email: [sigarsb@kfalls.k12.or.us](mailto:sigarsb@kfalls.k12.or.us)

### **Klamath Family Head Start**

Make Parenting a Pleasure

Melinda Gomez

1940 S 6th Street

Klamath Falls, OR 97601

Telephone: 541-882-5988

Email: [megomez@kfhs4kids.org](mailto:megomez@kfhs4kids.org)

### **Klamath Youth Development Center**

123 Magic, Common Sense Parenting

Robert Urlacher, Ph.D., LMFT

2210 Eldorado Avenue

Klamath Falls, OR 97601

Telephone: 541-883-1030

Fax: 541-884-2338

Website: [www.klamathyouth.com](http://www.klamathyouth.com)

Email: [rurlacher@klamathyouth.org](mailto:rurlacher@klamathyouth.org)

Description: 123 Magic is for parents of children aged 3 to 8. Common Sense Parenting is for parents of children aged 8 to 17.

### **Lutheran Community Services**

Family Life Skills

Teresa Stroup

2545 N. Eldorado

Klamath Falls, OR 97601

Telephone: 541-883-3471

Fax: 541-883-3624

Website:

[www.LutheranCommunityServices.org](http://www.LutheranCommunityServices.org)

Email: [tstroup@lcsnw.org](mailto:tstroup@lcsnw.org)

Description: Lutheran Community Services provides a dynamic family life skills program that focuses on parent skill building and family supportive services. The Family Life Skills program includes parenting classes which utilize the Nurturing Parenting Program curriculum, In-Home visits, Anger Management and Life Skills classes.

## **Southern Oregon Education Service District**

Migrant Parent Advisory Committee  
Charlie Bauer  
5465 S. Pacific Highway  
Phoenix, OR 97535  
Telephone: 541-245-4595  
Fax: 541-535-2460

Description: The Migrant Parent Advisory Committee evaluates and guides the Migrant Programs in our region. Listo is a family literacy program.

## **SPOKES Unlimited**

SPARK Supported Parenting and Resources of  
Klamath  
Wendy Howard  
415 Main St  
Klamath Falls, OR 97601  
Telephone: 541-883-7547  
Fax: 541-885-2469  
Website: [www.spokesunlimited.org](http://www.spokesunlimited.org)  
Email: [wendy.howard@spokesunlimited.org](mailto:wendy.howard@spokesunlimited.org)

## **The Hope Center Family Resource**

Earn While You Learn  
Penny Hansen  
731 Main Street, Suite 202  
Klamath Falls, OR 97601  
Telephone: 541-883-4357  
Fax: 541-883-4036  
Email: [director@hopecenter.kfalls.org](mailto:director@hopecenter.kfalls.org)

## **Together For Children**

Edie Jones  
2125 NE Daggett Lane  
Bend, OR 97701  
Telephone: 541-389-9317  
Website: [www.together-for-children.org](http://www.together-for-children.org)  
Email: [edie@together-for-children.org](mailto:edie@together-for-children.org)



## Lake County

### **Klamath Family Head Start**

Make Parenting a Pleasure

Melinda Gomez

1940 S 6th Street

Klamath Falls, OR 97601

Telephone: 541-882-5988

Email: [megomez@kfhs4kids.org](mailto:megomez@kfhs4kids.org)

### **SPOKES Unlimited**

SPARK Supported Parenting And Resources of  
Klamath

Wendy Howard

415 Main St

Klamath Falls, OR 97601

Telephone: 541-883-7547

Fax: 541-885-2469

Website: [www.spokesunlimited.org](http://www.spokesunlimited.org)

Email: [wendy.howard@spokesunlimited.org](mailto:wendy.howard@spokesunlimited.org)

## Lane County

### **4J Family Resource Center**

Alicia Longoria  
120 West Hilliard Lane  
Eugene, OR 97404  
Telephone: 541-687-3307  
Fax: 541-334-4733  
Website: [schools.4j.lane.edu/river-road/](http://schools.4j.lane.edu/river-road/)  
Email: [longoria@4j.lane.edu](mailto:longoria@4j.lane.edu)

Description: School-based site that focuses on the parent involvement aspect of school. Family activities based on academic curriculum. The target audience is families with elementary age children.

### **4J School District**

The Incredible Years  
Rebecca Cohen  
1500 Queens Way  
Eugene, OR 97405  
Telephone: 541-687-3368  
Website: [www.4j.lane.edu](http://www.4j.lane.edu)  
Email: [cohen\\_r@4j.lane.edu](mailto:cohen_r@4j.lane.edu)

### **A Primary Connection**

Make Parenting A Pleasure  
Peggy Lintula  
721 S. R Street  
Cottage Grove, OR 97424  
Telephone: 541-942-4967  
Fax: 541-767-5958  
Email: [plintula@lane.k12.or.u](mailto:plintula@lane.k12.or.u)

### **Adoption Mosaic**

Astrid Dabbeni  
PO Box 18102  
Portland, OR 97215  
Telephone: 971-533-0102  
Website: [www.adoptionmosaic.org](http://www.adoptionmosaic.org)  
Email: [info@adoptionmosaic.org](mailto:info@adoptionmosaic.org)

### **appreciativepossibilities.com**

Appreciative Family  
Rebecca Heckman  
1173 Charnelton Alley  
Eugene, OR 97401  
Telephone: 541-554-6772  
Website: [www.appreciativepossibilities.com](http://www.appreciativepossibilities.com)  
Email: [rah48@comcast.net](mailto:rah48@comcast.net)

### **Birth To Three**

86 Centennial Loop  
Eugene, OR 97401  
Telephone: 541-484-5316  
Fax: 541-484-1449  
Website: [www.birthto3.org](http://www.birthto3.org)  
Email: [msinger@birthto3.org](mailto:msinger@birthto3.org)

Description: Birth To Three brings parents together to share their parenting experiences, increase their knowledge of early childhood development, learn about community resources and create support networks among themselves. Services include group based parenting programs, a Parent Helpline, and home visiting. Birth To Three's services are for all families in our community who have infants and young children, regardless of ability to pay and are available in English and Spanish.

### **Catholic Community Services of Lane County**

Young Fathers Program, Murane Mutual Home, Teen Housing  
Mira Gattis  
1025 G Street  
Springfield, OR 97477  
Telephone: 541-345-3628, ext. 312  
Fax: 541-744-2272  
Website: [www.ccslc.org](http://www.ccslc.org)  
Email: [mgattis@ccslc.org](mailto:mgattis@ccslc.org) or [azamudio@ccslc.org](mailto:azamudio@ccslc.org)

### **Center for Community Counseling**

Nurturing Parent and Anger Management  
Classes

Nancy Weisel

1465 Coburg Road

Eugene, OR 97401

Telephone: 541-344-0620

Fax: 541-345-1103

Website: [www.ccceugene.org](http://www.ccceugene.org)

Email: [nancy@ccceugene.org](mailto:nancy@ccceugene.org)

### **Centro Latino Americano**

Familias Unidas

Jorge Navarro

944 W 5th Avenue

Eugene, OR 97402

Telephone: 541-687-2667

Fax: 541-284-2139

Website: [www.cla1.org](http://www.cla1.org)

Email: [jorge@cla1.org](mailto:jorge@cla1.org)

### **Churchville High School**

Health and Family Class, Teen Parent Program  
Julie Johnson - Director of Childcare and Teen  
Parent Programs

1850 Bailey Hill Road

Eugene, OR 97405

Telephone: 541-687-3414

Website: [www2.chs.lane.edu](http://www2.chs.lane.edu)

Email: [johnson\\_jul@4j.lane.edu](mailto:johnson_jul@4j.lane.edu)

### **EC CARES /University of Oregon - the EI/ECSE Program for Region 7**

Judy Newman

299 E. 18th Avenue

Eugene, OR 97401

Telephone: 541-346-2639

Fax: 541-346-6189

Website: [eccares.uoregon.edu](http://eccares.uoregon.edu)

Email: [jrtn@uoregon.edu](mailto:jrtn@uoregon.edu)

### **Eugene Public Library**

Read for Joy/El Gozo de Leer

Mary Ginnane

100 W. 10th Avenue

Eugene, OR 97401

Telephone: 541-682-8315

Fax: 541-682-5898

Website: [www.eugene-or.gov/library](http://www.eugene-or.gov/library)

Email: [mary.i.ginnane@ci.eugene.or.us](mailto:mary.i.ginnane@ci.eugene.or.us)

Description: Read for Joy/El Gozo de Leer delivers early literacy parent education at service provider group sites. In the library early literacy services include free weekly storytimes for babies, toddlers, and preschoolers and weekly Family Music Time. Periodically parent and caregiver workshops are scheduled, and for kids of all ages the library provides summer reading programs, books, films, Internet access, Live Homework Help and more!

### **Family Relief Nursery**

Parent Education

Heather Murphy

PO Box 1207

720 N. 14th Street

Cottage Grove, OR 97424

Telephone: 541-942-4835

Fax: 541-942-7359

Email: [heathermurphy@oip.net](mailto:heathermurphy@oip.net)

### **First Place Family Development Center**

Parent Chat

Jake Spavins

1995 Amazon Parkway

Eugene, OR 97405

Telephone: 541-342-7728

Fax: 541-485-1731

Website: [www.svdp.us](http://www.svdp.us)

Email: [jspavins@svdp.us](mailto:jspavins@svdp.us)

## **Head Start of Lane County**

Albertine Mitchell  
221 B Street  
Springfield, OR 97404  
Telephone: 541-747-2425  
Fax: 541-747-6648  
Website: [www.head-start.lane.or.us](http://www.head-start.lane.or.us)  
Email: [amitchell@hsolc.org](mailto:amitchell@hsolc.org)

## **JC Connections**

Make Parenting a Pleasure  
Earnest Jenkins  
1401 Laurel Street  
Junction City, OR 97448  
Telephone: 541-998-2386, ext. 497  
Email: [ejenkins@junctioncity.k12.or.us](mailto:ejenkins@junctioncity.k12.or.us)

## **La Leche League of Oregon**

Breastfeeding Support and Education  
Melanie Green  
3386 NW Summerhill Place  
Albany, OR 97321  
Telephone: 541-967-8965  
Website: [www.llli.org/Web/Oregon.html](http://www.llli.org/Web/Oregon.html)  
Email: [melanieverde@msn.com](mailto:melanieverde@msn.com)

Description: La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing education, information, support, and encouragement to women who want to breastfeed. All breastfeeding mothers and pregnant women interested in breastfeeding are welcome to come to free meetings or call Leaders for breastfeeding help.

## **Lane County Commission on Children and Families**

Lane County Network of Family Resource Centers  
125 E. 8th Avenue  
Eugene, OR 97401  
Telephone: 541-682-4671  
Fax: 541-682-7494  
Website: [www.co.lane.or.us/CCF/default.htm](http://www.co.lane.or.us/CCF/default.htm)

Description: Family Resource Centers offer a variety of activities that are flexible enough to meet the needs of the communities in which they are located yet are required to have minimum criteria to build in consistency across the county. Most sites offer at least one or more of the following Best Practices and promising practices in parent education: Make Parenting a Pleasure, Second Steps- violence prevention, Families and Schools Together (FAST-substance abuse prevention), Parenting Wisely (computer based program), First Steps, Incredible Years, and Parenting Now! FRC's may be contacted directly for specific information on what is currently being offered in their community.

## **McKenzie School District**

McKenzie Family Resource Center  
Elaine Bryson  
51187 Blue River Dr  
Finn Rock, OR 97488  
Telephone: 541-822-1108 or 541-822-1110  
Fax: 541-822-8014  
Email: [elaineb@mckenzie.k12.or.us](mailto:elaineb@mckenzie.k12.or.us) or [robinr@mckenzie.k12.or.us](mailto:robinr@mckenzie.k12.or.us)

Description: McKenzie Family Resource Center is located at McKenzie schools. We serve all families with children who reside in the district boundaries. We provide: Parent/toddler groups, Parenting classes for families with children 0-15, Family activities, Pre-school, Afterschool programs, Referrals to local services.

## **Migrant Education Program**

Pilas! Family Literacy  
Alliscia Niles  
1200 Hwy 99  
Eugene, OR 97402  
Telephone: 541-461-8283  
Website: [www.lesd.k12.or.us](http://www.lesd.k12.or.us)  
Email: [mep@lesd.k12.or.us](mailto:mep@lesd.k12.or.us)

## **North Eugene High School**

Child Development  
Renee Stacey  
200 Silver Lane  
Eugene, OR 97404  
Telephone: 541-687-4563  
Fax: 541-687-3683  
Website: [www.nehs.lane.edu](http://www.nehs.lane.edu)  
Email: [stacey@4j.lane.edu](mailto:stacey@4j.lane.edu)

## **Oakridge-Westfir Family Resource Center**

Make Parenting A Pleasure, Parenting Now, Incredible Years, PAWS, FAST, Strengthening Families 10-14  
Shelley Miller  
76499 Rose Street  
Oakridge, OR 97463  
Telephone: 541-782-3281  
Fax: 541-782-3122  
Website:  
[www.oakridge.k12.or.us/clubsorgs/documents/frc.pdf](http://www.oakridge.k12.or.us/clubsorgs/documents/frc.pdf)  
Email: [smiller2@lane.k12.or.us](mailto:smiller2@lane.k12.or.us)

Description: The Oakridge-Westfir Family Resource Center is open to all ages. We welcome parents to visit our center to learn technology, do craft activities with their families, attend workshops and parenting classes, participate in our 0-5 year playgroup, and enroll their children in our after school activities and summer programs. Our staff is trained to work with families or individuals with resources and referrals to help meet their needs.

## **Opportunity Center**

Young Parent Program  
Mindy Rimbey  
3411-B Willamette Street  
Eugene, OR 97405  
Telephone: 541-687-3488  
Fax: 541-687-3694  
Email: [rimbey\\_m@4j.lane.edu](mailto:rimbey_m@4j.lane.edu)

## **Options Counseling Services of Oregon**

Options for Parenting  
Kelli McKnight, M.Ed.  
1255 Pearl St, Suite 102  
Eugene, OR 97401  
Telephone: 541-687-6983  
Fax: 541-697-2063  
Website: [www.options.org](http://www.options.org)  
Email: [kellim@options.org](mailto:kellim@options.org)

## **OSLC Community Programs**

Parent Management Training - Oregon Model  
Peter Sprengelmeyer  
315 West Broadway  
Eugene, OR 97401  
Telephone: 541-743-4340  
Fax: 541-743-4369  
Email: [peters@oslccp.org](mailto:peters@oslccp.org)

Description: OCP provides a variety of empirically-supported outpatient and treatment foster care services. Parent Education services focus on the use of the Parent Management Training – Oregon Model programs that can be adapted to the needs of the family and children. Referrals can be sent to: [referrals@oslccp.org](mailto:referrals@oslccp.org).

### **Parents Anonymous of Oregon**

Parent Support Group, Children's Programs,  
Parent Leadership Development and Training  
and Parent Mentoring Services

Ruth Taylor

4945 N.E. 7th Avenue

Portland, OR 97211

Telephone: 503-258-4568

Fax: 503-493-2656

Email: [ruth.taylor@morrisonkids.org](mailto:ruth.taylor@morrisonkids.org)

### **Pearl Buck Center Incorporated**

Families With Special Needs Program

Jan Aho

3690 W. 1st Avenue

Eugene, OR 97402

Telephone: 541-484-4666

Fax: 541-345-0327

Website: [www.pearlbuckcenter.com](http://www.pearlbuckcenter.com)

Email: [jan.aho@pearlbuckcenter.com](mailto:jan.aho@pearlbuckcenter.com)

Description: The target population for Parent Support Services is parents with cognitive challenges who live in the Eugene/Springfield metro area. The services are provided by an experienced parent educator in the home of parents with children birth to 5 attending or waiting to enter the Families With Special Needs preschool. Other parents with cognitive challenges who are DHS clients are seen on a contract basis.

### **Planned Parenthood of Southwestern Oregon**

Mary Gossart, VP of Education

360 East 10th Avenue, Suite 104

Eugene, OR 97401

Telephone: 541-344-1611, ext. 13

Fax: 541-342-6088

Website: [www.noplacelikehome.org](http://www.noplacelikehome.org);

[www.ppsworegon.org](http://www.ppsworegon.org)

Email: [education@pphssso.org](mailto:education@pphssso.org)

### **Sacred Heart Medical Center RiverBend**

Pregnancy and Parenting Education

Jill Burrell, Manager

3333 Riverbend Drive

Springfield, OR 97477

Telephone: 541-222-5606

Website: [www.peacehealth.org](http://www.peacehealth.org)

Email: [jburrell@peacehealth.org](mailto:jburrell@peacehealth.org)

### **South Lane School District**

Teen Parent Program and Early Childhood  
Development

Brandi Baker Rudicel or Sina Kiilsgaard

PO Box 160

1375 South River Road

Cottage Grove, OR 97424

Telephone: 541-942-3391, ext. 111

Fax: 541-942-7492

Website: [www2.slane.k12.or.us/cgh/](http://www2.slane.k12.or.us/cgh/)

or [www.slane.k12.or.us/schools/al-kennedy-alternative-high-school](http://www.slane.k12.or.us/schools/al-kennedy-alternative-high-school)

Email: [bbaker@lane.k12.or.us](mailto:bbaker@lane.k12.or.us)

### **Springfield School District #19/Gateways High School**

Young Parent Program

Judi Mayo

665 Main Street

Springfield, OR 97477

Telephone: 541-744-8862

Fax: 541-744-8863

Website: [www.sps.lane.edu](http://www.sps.lane.edu)

Email: [jmayo@sps.lane.edu](mailto:jmayo@sps.lane.edu)

### **The Child Center**

Corey Jackson  
3995 Marcola Road  
Springfield, OR 97477  
Telephone: 541-726-1465  
Fax: 541-726-5085  
Website: [www.thechildcenter.org](http://www.thechildcenter.org)  
Email: [corey.crisisprogram@yahoo.com](mailto:corey.crisisprogram@yahoo.com)

Description: Living Better with Challenging Children, Collaborative Problem Solving Parenting Group, Individualized Family Therapy through Intensive Day Treatment Services, Intensive Community Treatment Services, and Outpatient Treatment (including parenting training).

### **The Healing of Hearts Program**

Grief and Loss Education for Families/Individuals  
Dan Field  
420 E 41st Avenue  
Eugene, OR 97405  
Telephone: 541-334-4987  
Email: [dan17ny17@yahoo.com](mailto:dan17ny17@yahoo.com)

### **The Relief Nursery Inc.**

Families Together Program  
Gretchen Dubie  
1720 West 25th Avenue  
Eugene, OR 97405  
Telephone: 541-343-9706  
Fax: 541-683-3748  
Website: [www.reliefnursery.org](http://www.reliefnursery.org)  
Email: [gretchdu@reliefnursery.org](mailto:gretchdu@reliefnursery.org)

Description: The Families Together Program is for state mandated families whose children are in foster care, or at risk of removal to foster care and who have been referred by their DHS caseworker. The Relief Nursery also offers weekly parenting classes for their families and community members.

### **Vivian Olum Child Development Center**

Carol Snead, Director  
5222 University of Oregon  
1650 Columbia Street  
Eugene, OR 97403-5222  
Telephone: 541-346-8107  
Fax: 541-346-5786  
Website: [olum.uoregon.edu/](http://olum.uoregon.edu/)  
Email: [snead@uoregon.edu](mailto:snead@uoregon.edu)

Description: The mission of the Vivian Olum Child Development Center is to provide comprehensive high quality care and education for the children of University of Oregon faculty and staff. Community families are enrolled when there is space available. In doing so, our goals are to provide a foundation of experiences that foster the growth and development of children and to offer a safe and nurturing environment for children (infants through school age) and their families. The center also provides UO faculty and students with opportunities for research and experience in early childhood education.

### **WellMama Pregnancy and Postpartum Support Inc.**

Csilla Andor or Amy-Rose White  
6282 SW Grand Oaks Dr.  
Corvallis, OR 97333  
Client Support: 800-896-0410  
Administrative: 541-231-4343  
Fax: 503-764-1467  
Website: [www.WellMama.org](http://www.WellMama.org)  
Email: [info@WellMama.org](mailto:info@WellMama.org)

Description: Serving women during and after pregnancy who experience stress, emotional or mental health difficulties, such as depression or anxiety. Services are available to partners or support persons as well. Free support groups and for-fee counseling in Eugene and Corvallis. Free phone & email support throughout state.

**Willamette Family**

Make Parenting a Pleasure & Play Therapy

Edith Bamrgrat

687 Cheshire

Eugene, OR 97404

Telephone: 541-343-2993

Fax: 541-343-2338

Website: [www.wftf.org](http://www.wftf.org)

Email: [edithy@wftf.org](mailto:edithy@wftf.org)

**Willamette Infant Toddler Center**

Willamette High School Teen Parent Program

Crystal Persi

1801 Echo Hollow Road

Eugene, OR 97402

Telephone: 541-461-6401, ext. 4143

Fax: 541-689-7119

Email: [cpersi@bethel.k12.or.us](mailto:cpersi@bethel.k12.or.us)



## Lincoln County

### Community Services Consortium

Head Start  
Nancy Perin  
545 SW 2nd Street, Suite 2  
Corvallis, OR 97333  
Telephone: 541-758-2778  
Fax: 541-758-2348  
Website: [www.csc.gen.or.us](http://www.csc.gen.or.us)  
Email: [nperin@csc.gen.or.us](mailto:nperin@csc.gen.or.us)

### Family Literacy and Resource Center- Lincoln County School District

Charla Guiwits  
4040 High School Drive  
Lincoln City, OR 97367  
Telephone: 541-996-4878  
Fax: 541-996-4335  
Website: [www.lincoln.k12.or.us](http://www.lincoln.k12.or.us)  
Email: [Charla.Guiwits@lincoln.k12.or.us](mailto:Charla.Guiwits@lincoln.k12.or.us)

Description: Parenting workshops, adult basic education, family preschool classes, K-12 tutoring, reading programs, ESL family classes, volunteer opportunities, GED tutoring, and community resources and referrals.

### Lincoln County Children's Advocacy Center

Parents Anonymous  
Leslie Wagner  
PO Box 707  
158 NE 6th Street  
Newport, OR 97365  
Telephone: 541-574-1588  
Fax: 541-574-0808  
Email: [lwprevention@peak.org](mailto:lwprevention@peak.org)

Description: Parents Anonymous is a parent support group. Parents and children enjoy pizza dinner together and then the parents meet and the children participate in activities with childcare providers.

### Lincoln County Health and Human Services

Shelley Paeth  
36 SW Nye  
Newport, OR 97365  
Telephone: 541-265-6611, ext. 2257  
Fax: 541-265-4113  
Email: [spaeth@co.lincoln.or.us](mailto:spaeth@co.lincoln.or.us)

Description: Family Home Visiting is an intensive home visiting program to first time parents to increase parent child interaction, decrease child abuse and connect parents to services in the local area. Home visits are weekly for the first 6 months and then are every other week to a month thereafter. Home visits are for the first 3 years of the child's life.

### Olalla Center for Children & Families

Zann Johnson  
805 NE Reservoir Lane  
Toledo, OR 97391  
Telephone: 541-336-2254  
Fax: 541-336-2254  
Website: [www.olallacenter.org](http://www.olallacenter.org)  
Email: [olallaoffice@earthlink.net](mailto:olallaoffice@earthlink.net)

Description: Parenting with Love & Logic, 123 Magic, How To Talk So Kids Will Listen & Listen So Kids Will Talk, Love & Logic Birth to age 6, Strengthening Families Program

### Options Counseling Services of Oregon, Inc.

Options for Parenting  
Kelli McKnight, M.Ed.  
1255 Pearl St, Suite 102  
Eugene, OR 97401  
Telephone: 541-687-6983  
Fax: 541-697-2063  
Website: [www.options.org](http://www.options.org)  
Email: [kellim@options.org](mailto:kellim@options.org)

## **Planned Parenthood of Southwestern Oregon**

Mary Gossart, VP of Education  
360 East 10th Avenue, Suite 104  
Eugene, OR 97401  
Telephone: 541-344-1611, ext. 13  
Fax: 541-342-6088  
Website: [www.noplacelikehome.org](http://www.noplacelikehome.org);  
[www.ppsworegon.org](http://www.ppsworegon.org)  
Email: [education@pphssso.org](mailto:education@pphssso.org)

## **Yachats Youth & Family Activities Program**

Love & Logic  
Debbie Jackson  
PO Box 151  
441 N Highway 101  
Yachats, OR 97498  
Telephone: 541-547-4599  
Website: [www.yachatsyouth.org](http://www.yachatsyouth.org)  
Email: [yapkids@peak.org](mailto:yapkids@peak.org)

## Linn County

### **Albany Public Library**

Scott Keeney  
2450 14th Avenue SE  
Albany, OR 97321  
Telephone: 541-917-7591  
Fax: 541-917-7586  
Website: [library.cityofalbany.net](http://library.cityofalbany.net)  
Email: [scott.keeney@cityofalbany.net](mailto:scott.keeney@cityofalbany.net)

Description: We offer a wide assortment of materials in all formats, programs for all ages, and welcoming gathering areas for all citizens, with rich collections of children's literature, parenting resources, and audiovisual materials.

### **appreciativepossibilities.com**

Appreciative Family  
Rebecca Heckman  
1173 Charnelton Alley  
Eugene, OR 97401  
Telephone: 541-554-6772  
Website: [www.appreciativepossibilities.com](http://www.appreciativepossibilities.com)  
Email: [rah48@comcast.net](mailto:rah48@comcast.net)

### **Family Tree Relief Nursery**

Renee Smith  
PO Box 844  
1100 SE Jackson Street  
Albany, OR 97321  
Telephone: 541-967-6580  
Fax: 541-926-1091  
Email: [rsmith.familytreern@qwestoffice.net](mailto:rsmith.familytreern@qwestoffice.net)

### **Kids and Co. of Linn Co.**

Wendy Hoffman  
300 Market Street Suite 200  
Lebanon, OR 97355  
Telephone: 541-451-1581  
Fax: 541-259-1581  
Website: [www.kidcoheadstart.org](http://www.kidcoheadstart.org)  
Email: [whoffman@kidcoheadstart.org](mailto:whoffman@kidcoheadstart.org)

### **La Leche League of Oregon**

Breastfeeding Support and Education  
Melanie Green  
3386 NW Summerhill Place  
Albany, OR 97321  
Telephone: 541-967-8965  
Website: [www.llli.org/Web/Oregon.html](http://www.llli.org/Web/Oregon.html)  
Email: [melanieverde@msn.com](mailto:melanieverde@msn.com)

Description: La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing education, information, support, and encouragement to women who want to breastfeed. All breastfeeding mothers and pregnant women interested in breastfeeding are welcome to come to free meetings or call Leaders for breastfeeding help.

### **Lebanon High School**

The Teen Parent Program  
Amy Woodruff  
1700 South 5th Street  
Lebanon, OR 97355  
Telephone: 541-451-8555, ext. 1107  
Fax: 541-451-8550  
Website:  
[www.lebanon.or.schoolwebpages.com](http://www.lebanon.or.schoolwebpages.com)  
Email: [amy.woodruff@lebanon.k12.or.us](mailto:amy.woodruff@lebanon.k12.or.us)

**Linn County Department of Health  
Services Public Health Programs -  
Maternal Child Health**

Judy Treanor, RN, MS, Supervising Public Health  
Nurse

PO Box 100

315 4th Street - The Courthouse Annex

Albany, OR 97321

Telephone: 541-967-3888, ext. 2676

Fax: 541-926-8903

Email: [jtreator@co.linn.or.us](mailto:jtreator@co.linn.or.us)

Description: Parents As Teachers Born to Learn  
Curriculum - Birth to 3-years

**Linn-Benton Community College**

Parenting Education Department

Jerri Wolfe

6500 Pacific Blvd SW

Albany, OR 97321

Telephone: 541-917-4891

Fax: 541-917-4270

Website: [www.linnbenton.edu/go/parenting-education](http://www.linnbenton.edu/go/parenting-education)

Email: [jerri.wolfe@linnbenton.edu](mailto:jerri.wolfe@linnbenton.edu)

Description: The department promotes the development of positive parenting skills through classes, workshops and individual mentoring offered directly through LBCC and in collaboration with other agencies. Using best practices and evidence-based curricula the general population as well as at-risk families are served. The department offers continuing education and the Parent Educator Connector (PEC) listserv for parent educators.

**Planned Parenthood of Southwestern  
Oregon**

Mary Gossart, VP of Education

360 East 10th Avenue, Suite 104

Eugene, OR 97401

Telephone: 541-344-1611, ext. 13

Fax: 541-342-6088

Website: [www.noplacelikehome.org](http://www.noplacelikehome.org);

[www.ppsworegon.org](http://www.ppsworegon.org)

Email: [education@pphssso.org](mailto:education@pphssso.org)

**Pregnancy Alternatives Center**

Parenting Education Classes

Becky Van Atta, Client Programs Director

136 West Vine St

Lebanon, OR 97355

Telephone: 541-258-3500

Fax: 541-258-3530

Website: [www.pregnancyalternatives.org](http://www.pregnancyalternatives.org)

Email: [bvanatta@pregnancyalternatives.org](mailto:bvanatta@pregnancyalternatives.org)

Description: The Pregnancy Center teaches many different aspects of parenting, maternity thru 5 years with concepts that will help parents for a life time. The Center also offers mentoring and a Dad's only group. Call the Center for times and dates of upcoming classes.

**Rad Nannies**

Kate Denny

414 Boone St.

Salem, OR 97306

Telephone: 503-365-1988

Email: [kkzks@wvi.com](mailto:kkzks@wvi.com)

## Malheur County

### Child Care Resource & Referral

Jean Johnson  
1916 Island Avenue  
La Grande, OR 97850  
Telephone: 541-963-7942  
Fax: 541-963-8458  
Website: [www.trainingemployment.org](http://www.trainingemployment.org)  
Email: [johnj@tecteam.org](mailto:johnj@tecteam.org)

### Eastern Oregon Alcoholism Foundation

EOAF Parents Program  
Cathy McDonald  
216 S. W. Hailey Avenue  
Pendleton, OR 97801  
Telephone: 541-276-3518, ext. 212  
Fax: 541-276-4189  
Website: [www.eoaf.org](http://www.eoaf.org)  
Email: [cmcdonald@eoaf.org](mailto:cmcdonald@eoaf.org)

Description: EOAF is a residential drug and alcohol program that serves both men and women with children. Some of the parents have young children in treatment with them, but all parents are offered parenting classes.

### Malheur County Child Development Center

Active Parenting Now  
Vicky Espinoza  
790 SW 7th Place  
Ontario, OR 97914  
Telephone: 541-889-2393  
Fax: 541-889-7137  
Website: [www.mccdc.org](http://www.mccdc.org)  
Email: [vespinoza@mccdc.org](mailto:vespinoza@mccdc.org)

### Oregon Child Development Coalition (OCDC)

Lori Clark, Program Director Malheur County  
482 SE 3rd Street  
Ontario, OR 97914  
Telephone: 541-889-5325  
Fax: 541-889-6281  
Website: [www.ocdc.net](http://www.ocdc.net)  
Email: [Lori.Clark@ocdc.net](mailto:Lori.Clark@ocdc.net)

Description: Malheur County Child Development Coalition provides Head Start services for low-income migrant and seasonal farm workers. Children receive comprehensive educational services as well as health, mental health, disability, and nutrition services. Supportive and referral services are provided to families as needed. Our program in Malheur County has been recognized nationally as a Program of Excellence.

### Pathfinders of Oregon

Parenting Inside Out  
Cathy Calvin  
PO Box 19742  
7800 SW Barbur Blvd  
Portland, OR 97219  
Telephone: 503-910-1219  
Fax: 503-245-4022  
Website: [www.pathfindersoforegon.org](http://www.pathfindersoforegon.org)  
Email: [ccalvin@pathfindersoforegon.org](mailto:ccalvin@pathfindersoforegon.org)

### The Family Place

Parenting Inside Out & Make Parenting A Pleasure  
Onalee Mansor  
PO Box V  
390 NE 2nd Street  
Ontario, OR 97914  
Telephone: 541-889-1050  
Fax: 541-889-6524  
Email: [thefamilyplace@fmtc.com](mailto:thefamilyplace@fmtc.com)

## Marion County

### Cascade School District

Cascade Opportunity Program for Teen Parents  
Jan Kessell, Teacher  
11206 Marion Road SE  
541 N. 11th Street  
Turner, OR 97392  
Telephone: 503-749-8479  
Fax: 503-749-8480  
Website: [www.cascade.k12.or.us](http://www.cascade.k12.or.us)  
Email: [jkessell@cascade.k12.or.us](mailto:jkessell@cascade.k12.or.us)

### Chemeketa Community College

Effective Parenting  
Amber McMurray  
Chemeketa Community College  
Salem, OR 97305  
Telephone: 503-399-6562  
Email: [amcmurray@chemeketa.edu](mailto:amcmurray@chemeketa.edu)

Description: Classes for all age children, using the Love & Logic curriculum. Classes for children newborn to age 6, using the Parenting Now! curriculum.

### Children's Justice Alliance

Parenting Inside Out, Centers for Family Success, Pathfinder Academy  
Lauren Booth or Mindy Clark  
7800 SW Barbur Blvd., Suite 2  
Portland, OR 97219  
Telephone: 503-977-6399  
Fax: 503-245-4022  
Website: [www.childrensjusticealliance.org](http://www.childrensjusticealliance.org)  
Email: [lauren@childrensjusticealliance.org](mailto:lauren@childrensjusticealliance.org)

### Easter Seals Healthy Start

Make Parenting a Pleasure  
Kathy Gibbs  
PO Box 5193  
290 Moyer Lane NW  
Salem, OR 97304  
Telephone: 503-485-2185  
Fax: 503-363-4214  
Email: [kgibbs@or.easterseals.com](mailto:kgibbs@or.easterseals.com)

### Essential Insights

Active Parenting Program  
Laurie Van-Si, MS.Ed  
7421 SE Eldorado Street  
Milwaukie, OR 97267  
Telephone: 503-722-7733  
Website: [www.essentialinsights.org](http://www.essentialinsights.org)  
Email: [lvansi@comcast.net](mailto:lvansi@comcast.net)

Description: Parenting classes are individually tailored to unique needs/concerns, specifically designed for families with special needs children, i.e. ADD/HD and children with other learning challenges.

### Family Building Blocks

Project BOND and Parenting Connection  
Tanya Hamilton  
2425 Lancaster Drive NE  
Salem, OR 97305  
Telephone: 503-566-2132  
Fax: 503-566-2134  
Website: [www.familybuildingblocks.org](http://www.familybuildingblocks.org)  
Email: [thamilton@hotmail.com](mailto:thamilton@hotmail.com)

### **Kids and Co. of Linn Co.**

Wendy Hoffman  
300 Market Street Suite 200  
Lebanon, OR 97355  
Telephone: 541-451-1581  
Fax: 541-259-1581  
Website: [www.kidcoheadstart.org](http://www.kidcoheadstart.org)  
Email: [whoffman@kidcoheadstart.org](mailto:whoffman@kidcoheadstart.org)

### **La Leche League of Oregon**

Breastfeeding Support and Education  
Melanie Green  
3386 NW Summerhill Place  
Albany, OR 97321  
Telephone: 541-967-8965  
Website: [www.llli.org/Web/Oregon.html](http://www.llli.org/Web/Oregon.html)  
Email: [melanieverde@msn.com](mailto:melanieverde@msn.com)

Description: La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing education, information, support, and encouragement to women who want to breastfeed. All breastfeeding mothers and pregnant women interested in breastfeeding are welcome to come to free meetings or call Leaders for breastfeeding help.

### **Options Counseling Services**

Make Parenting A Pleasure  
Jeff Thompson  
3000 Market Street NE  
Salem, OR 97301  
Telephone: 503-390-5637  
Fax: 503-393-3135  
Website: [www.options.org](http://www.options.org)  
Email: [jefft@options.org](mailto:jefft@options.org)

Kelli McKnight  
Telephone: 541-687-6983  
Email: [kellim@options.org](mailto:kellim@options.org)

### **Oregon Child Development Coalition**

Tracee Hranac  
PO Box 263  
1310 Meridian Drive  
Woodburn, OR 97071  
Telephone: 503-981-3001  
Fax: 503-981-0851  
Website: [www.ocdc.net](http://www.ocdc.net)

### **Pathfinders of Oregon**

Parenting Inside Out  
Cathy Calvin  
PO Box 19742  
7800 SW Barbur Blvd  
Portland, OR 97219  
Telephone: 503-910-1219  
Fax: 503-245-4022  
Website: [www.pathfindersoforegon.org](http://www.pathfindersoforegon.org)  
Email: [ccalvin@pathfindersoforegon.org](mailto:ccalvin@pathfindersoforegon.org)

### **Pathfinders of Oregon, Pathfinder Academy**

Parenting Excellence, Teen Parent program  
Ely Sanders  
8010 N Charleston  
Portland, OR 97211  
Telephone: 503-307-2270  
Email: [esanders@pathfindersoforegon.org](mailto:esanders@pathfindersoforegon.org)

### **Rad Nannies**

Kate Denny  
414 Boone St.  
Salem, OR 97306  
Telephone: 503-365-1988  
Email: [kkzks@wvi.com](mailto:kkzks@wvi.com)

## **Salem Public Library**

BJ Toewe  
PO Box 14810  
585 Liberty Street SE  
Salem, OR 97301  
Telephone: 503-588-6088  
Fax: 503-589-2011  
Website: [www.salemlibrary.org](http://www.salemlibrary.org)  
Email: [bjtoewe@cityofsalem.net](mailto:bjtoewe@cityofsalem.net)

Description: Salem Public Library, with its collection of over 630,000 items, provides materials, reference assistance, and programs for people of all ages. Free classes for parents and daycare providers are offered periodically throughout the year.

## **Salem/Keizer Head Start Program**

Make Parenting A Pleasure  
Stephanie Whetzel  
1309 Ferry Street SE  
Salem, OR 97301  
Telephone: 503-399-5510  
Fax: 503-375-7832  
Email: [whetzel\\_stephanie@salkeiz.k12.or.us](mailto:whetzel_stephanie@salkeiz.k12.or.us)

## **Silverton Together Inc.**

Silverton Together Parent Education  
Jan Holowati  
PO Box 114  
421 S. Water Street  
Silverton, OR 97381  
Telephone: 503-873-0405  
Fax: 503-873 6452  
Website: [www.silvertonttogether.com](http://www.silvertonttogether.com)  
Email: [holowati\\_jan@silverfalls.k12.or.us](mailto:holowati_jan@silverfalls.k12.or.us)



## Morrow County

### **Eastern Oregon Alcoholism Foundation**

EOAF Parents Program  
Cathy McDonald  
216 S. W. Hailey Avenue  
Pendleton, OR 97801  
Telephone: 541-276-3518, ext. 212  
Fax: 541-276-4189  
Website: [www.eoaf.org](http://www.eoaf.org)  
Email: [cmcdonald@eoaf.org](mailto:cmcdonald@eoaf.org)

Description: EOAF is a residential drug and alcohol program that serves both men and women with children. Some of the parents have young children in treatment with them, but all parents are offered parenting classes.

### **Mt. Emily Safe Center**

Make Parenting a Pleasure, Healthy Start  
Sandra Leavitt  
PO Box 146  
2107 3rd Street  
La Grande, OR 97850  
Telephone: 541-963-0602  
Fax: 541-962-0345  
Website: [www.mtemilysafecenter.com](http://www.mtemilysafecenter.com)  
Email: [director@mtemilysafecenter.com](mailto:director@mtemilysafecenter.com)

Description: Mt. Emily Safe Center is a Child Abuse Intervention Center whose mission is to provide a multidisciplinary approach to the assessment of child abuse, ensure children and youth have access to prevention services, and to promote safe and healthy environments for families.

### **Umatilla-Morrow County Head Start, Inc.**

Head Start, Early Head Start, WIC, CCR&R, Family Support & Connections, CASA  
Sue Aikens, Training Coordinator  
110 NE 4th Street  
Hermiston, OR 97838  
Telephone: 541-564-6878  
Toll Free: 1-800-559-5878  
Fax: 541-564-6879  
Website: [www.umchs.org](http://www.umchs.org)  
Email: [saikens@umchs.org](mailto:saikens@umchs.org)

Description: A variety of parent education curricula and topics including: Nutrition Education (WIC), Incredible Years (parenting 3-8), Infant/Toddler Incredible Years (0-2), Four Cornerstones to Financial Literacy, 1-2-3-4 Parents!, Dr. Dad and Successful Fathering.

## Multnomah County

### Adoption Mosaic

Adoption Mosaic  
Astrid Dabbeni  
PO Box 18102  
Portland, OR 97215  
Telephone: 971-533-0102  
Website: [www.adoptionmosaic.org](http://www.adoptionmosaic.org)  
Email: [info@adoptionmosaic.org](mailto:info@adoptionmosaic.org)

### Albina Head Start

Elaine Harrison  
3417 NE 7th Avenue  
Portland, OR 97212  
Telephone: 503-236-9389  
Fax: 503-288-8794  
Website: [www.albinaheadstart.org](http://www.albinaheadstart.org)  
Email: [elainh@albinaheadstart.org](mailto:elainh@albinaheadstart.org)

### Boys & Girls Aid

Special Needs and Infant Pre-Adoption  
Preparation, Love and Logic  
Sally Guyer  
018 SW Boundary Ct  
Portland, OR 97239  
Telephone: 877-932-2734  
Fax: 503-224-5960  
Website: [www.boysandgirlsaid.org](http://www.boysandgirlsaid.org)  
Email: [sguyer@boysandgirlsaid.org](mailto:sguyer@boysandgirlsaid.org)

### Child Care Resource & Referral of Multnomah County

Jeanne Lemieux  
1006 SE Grand Avenue Suite 100B  
Portland, OR 97214  
Telephone: 503-548-4400  
Fax: 503-473-8429  
Website: [www.ccr-mc.org](http://www.ccr-mc.org)  
Email: [jeanne.lemieux@mhcc.edu](mailto:jeanne.lemieux@mhcc.edu)

### Children's Justice Alliance

Parenting Inside Out, Centers for Family  
Success, Pathfinder Academy  
Lauren Booth or Mindy Clark  
7800 SW Barbur Blvd., Suite 2  
Portland, OR 97219  
Telephone: 503-977-6399  
Fax: 503-245-4022  
Website: [www.childrensjusticealliance.org](http://www.childrensjusticealliance.org)  
Email: [lauren@childrensjusticealliance.org](mailto:lauren@childrensjusticealliance.org)

### Children's Relief Nursery

Parent Connection (Make Parenting A Pleasure)  
Karen Carpenter  
8425 North Lombard  
Portland, OR 97203  
Telephone: 503-283-4776, ext. 117  
Fax: 503-283-0716  
Website: [www.crn4kids.org](http://www.crn4kids.org)  
Email: [karen@crn4kids.org](mailto:karen@crn4kids.org)

### David Douglas High School

David Douglas Teen Parent Program  
Connie Sloan  
1400 SE 135th Avenue  
Portland, OR 97233  
Telephone: 503-261-8470  
Email: [connie\\_sloan@ddouglas.k12.or.us](mailto:connie_sloan@ddouglas.k12.or.us)

Description: David Douglas Teen Parent Program is open to all pregnant/parenting high school students within the David Douglas school district boundaries. Our program includes a Parenthood Education class and child care for high school students while they are attending David Douglas High School or the districts alternative campus, Fir Ridge. David Douglas Child Development Center is licensed and certified by the State of Oregon for children from 6 weeks to 6 years of age.

### **Essential Insights**

Active Parenting Program  
Laurie Van-Si, MS.Ed  
7421 SE Eldorado Street  
Milwaukie, OR 97267  
Telephone: 503-722-7733  
Website: [www.essentialinsights.org](http://www.essentialinsights.org)  
Email: [lvansi@comcast.net](mailto:lvansi@comcast.net)

Description: Parenting classes are individually tailored to unique needs/concerns, specifically designed for families with special needs children, i.e. ADD/HD and children with other learning challenges.

### **Family And Community Together, FACT**

Family Support and Information Center  
Roberta Dunn  
619 SW 11th Avenue, Suite 102  
Portland, OR 97205  
Telephone: 503-243-3228  
Fax: 503-227-0346  
Website: [www.factorogon.org](http://www.factorogon.org)  
Email: [info@factorogon.org](mailto:info@factorogon.org)

### **FASCETS - Fetal Alcohol Syndrome Consultation, Education and Training Services**

Diane V. Malbin, MSW  
15500-L NW Ferry Road  
Portland, OR 97231-1331  
Telephone: 503-621-1271  
Fax: 503-621-1271  
Website: [www.fascets.org](http://www.fascets.org)  
Email: [dmalbin@fascets.org](mailto:dmalbin@fascets.org)

Description: Non-profit organization providing community education, workshops, seminars, program development, consultation, and professional development. The goal is to increase understanding of Fetal Alcohol Spectrum Disorders as a brain-based disorder with behavioral symptoms, and to increase effectiveness of parenting and professional support.

### **Gresham High School**

Gresham High Child Development Center  
Julianne Standish  
1200 N Main Street  
Gresham, OR 97030  
Telephone: 503-674-5537  
Fax: 503-674-5549  
Website: [www.ghs.gresham.k12.or.us](http://www.ghs.gresham.k12.or.us)  
Email: [julianne\\_standish@gbsd.gresham.k12.or.us](mailto:julianne_standish@gbsd.gresham.k12.or.us)

### **Helensview High School**

Parenting Class  
Jessica Blei  
8678 NE Sumner Street  
Portland, OR 97220  
Telephone: 503-262-4150  
Fax: 503-255-1767  
Website: [mesd.k12.or.us/ae/helensview](http://mesd.k12.or.us/ae/helensview)

### **Insights Teen Parent Program**

Healthy Start & Teen Parent Services  
Heather Baeckel  
711 SE Ankeny, Suite B  
Portland, OR 97214  
Telephone: 503-239-6996  
Fax: 503-239-6040  
Website: [www.insightstpp.org](http://www.insightstpp.org)  
Email: [hbaeckel@insightstpp.org](mailto:hbaeckel@insightstpp.org)

Description: Insights Teen Parent Program serves teens that are pregnant and/or parenting in Multnomah County. We offer parenting support through home visits and groups, school based programs, housing, counseling for domestic violence or family issues and we have drop-in hours to access the parent resource center and donation closet. Please feel free to call with any questions or referrals.

### **La Leche League of Oregon**

Breastfeeding Support and Education

Melanie Green

3386 NW Summerhill Place

Albany, OR 97321

Telephone: 541-967-8965

Website: [www.llli.org/Web/Oregon.html](http://www.llli.org/Web/Oregon.html)

Email: [melanieverde@msn.com](mailto:melanieverde@msn.com)

Description: La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing education, information, support, and encouragement to women who want to breastfeed. All breastfeeding mothers and pregnant women interested in breastfeeding are welcome to come to free meetings or call Leaders for breastfeeding help.

### **Latino Network**

Christine Taylor

5123 N Michigan Avenue

Portland, OR 97217

Telephone: 503-283-6881 or 503-453-6034

Email: [christineyuntos@hotmail.com](mailto:christineyuntos@hotmail.com)

Description: Juntos Aprendemos/Together We Learn brings Spanish speaking parents and their children ages three to five years old to their neighborhood school once a week for a series of 30 early literacy classes. The project serves immigrant parents who have had limited opportunities for formal education in their home countries and strengthens their skills as their children's first teachers.

### **Legacy Emanuel Children's Hospital**

Lynn Barnes (Community Health Education Services)

Good Samaritan Hospital

1042 NW 22nd Avenue, Suite 300

Portland, OR 97210

Telephone: 503-413-8792

Fax: 503-413-6911

Website: [www.legacyhealth.org](http://www.legacyhealth.org)

mail: [lbarnes@lhs.org](mailto:lbarnes@lhs.org)

### **Letty Owings Center (a program of Central City Concern)**

Nancy Anderson

2545 NE Flanders Street

Portland, OR 97232

Telephone: 503-235-3546

Fax: 503-235-3791

Website: [www.centralcityconcern.org](http://www.centralcityconcern.org)

Email: [cbarbour@centralcityconcern.org](mailto:cbarbour@centralcityconcern.org)

Description: Letty Owings Center, a program of Central City Concern, is a residential drug and alcohol treatment program that serves poverty level pregnant women and women with young children. In addition to many treatment groups, a weekly parenting education group, using the Making Parenting a Pleasure curriculum, is required for all clients. Individual parenting and family support is also offered.

### **LifeWorks NW**

Strengthening Families, Nicasa, PAT, Incredible Years, Love and Logic

Linda Sneddon

12350 SW 5th Street, Suite 110

Beaverton, OR 97005

Telephone: 503-627-9194, ext. 3726

Fax: 503-627-9095

Website: [www.lifeworksnw.org](http://www.lifeworksnw.org)

Email: [lindas@lifeworksnw.org](mailto:lindas@lifeworksnw.org)

### **Listen To Kids**

Lisa Chin, LCSW

5135 NW St Helens Road

Portland, OR 97210

Telephone: 503-280-1388

Fax: 503-280-1392

Website: [www.listentokids.org](http://www.listentokids.org)

Description: Home-based child-parent counseling for families who have lived with domestic violence. The non-offending parent must not be living with the abuser and have at least one child age 12 or under; services are free. No referral necessary, parent may call directly.

### **Metropolitan Family Service**

Make Parenting a Pleasure and Guiding Good Choices

Amy Corbett

1808 SE Belmont Street

Portland, OR 97214

Telephone: 503-232-0007, ext. 160

Fax: 503-232-9178

Website: [www.metfamily.org](http://www.metfamily.org)

Email: [amyc@metfamily.org](mailto:amyc@metfamily.org)

Description: MFS Parent Education reaches out to families to promote strong family communication, effective parenting skills, and parent involvement in a child's education offering Make Parenting a Pleasure for parents of children age 0-8, and Guiding Good Choices for parents of children age 9-14. MFS uses research based curriculum, facilitating groups in Spanish and English. MFS targets the general parent population and offers special outreach to families with a history of incarceration.

### **Morrison Child and Family Services**

Incredible Years Parent Series

Kathryn Falkenstern

4790 N. Lombard

Portland, OR 97203

Telephone: 503-258-4526

Fax: 503-286-3871

Email: [kathryn.falkenstern@morrisonkids.org](mailto:kathryn.falkenstern@morrisonkids.org)

Description: Research-based parent education class. Fourteen week series is complemented with dinner and childcare. Group leaders have received specialized training in Incredible Years.

### **Morrison Child and Family Services**

Listos Para Aprender

Lucrecia Farias

11456 NE Knott St

Portland, OR 97220

Telephone: 503-736-6500

Fax: 503-256-9601

Website: [www.morrisonkids.org](http://www.morrisonkids.org)

Email: [lucrecia.farias@morrisonkids.org](mailto:lucrecia.farias@morrisonkids.org)

Description: Our service are available to families that identify Spanish as their primary language. Our service area is only the city of Portland (Multnomah County). Our target audience is families with children 0-3 years of age.

### **Mt. Hood Community College**

Parents as Teachers, Early Head Start

Kristin Calderon or Jennifer Cahill

10100 NE Prescott

Portland, OR 97220

Telephone: 503-491-6111

Fax: 503-491-6112

Website:

Email: [kristin.calderon@mhcc.edu](mailto:kristin.calderon@mhcc.edu) or

[jennifer.cahill@mhcc.edu](mailto:jennifer.cahill@mhcc.edu)

### **Multnomah County Health Department**

Early Childhood Services - Healthy Start

Elizabeth Carroll

5329 NE MLK Jr Blvd

Portland, OR 97211

Telephone: 503-988-5055, ext. 29579

Email: [elizabeth.carroll@co.multnomah.or.us](mailto:elizabeth.carroll@co.multnomah.or.us)

### **Multnomah County Library**

Early Childhood Services  
Renea Arnold  
205 NE Russell Street  
Portland, OR 97212  
Telephone: 503-988-5458  
Fax: 503-988-5441  
Website: [www.multcolib.org](http://www.multcolib.org)  
Email: [renea@multcolib.org](mailto:renea@multcolib.org)

Description: Early Childhood Services of Multnomah County Library helps children begin kindergarten with the skills they need for learning to read by teaching their parents how to nurture early literacy skills through everyday conversation and reading together.

### **Options Counseling Services of Oregon, Inc.**

Options for Parenting  
Kelli McKnight, M.Ed.  
1255 Pearl St, Suite 102  
Eugene, OR 97401  
Telephone: 541-687-6983  
Fax: 541-697-2063  
Website: [www.options.org](http://www.options.org)  
Email: [kellim@options.org](mailto:kellim@options.org)

### **Oregon Partnership**

Parenting Classes and Workshops  
Emily Moser  
6443 SW Beaverton Hillsdale Hwy, Suite 200  
Portland, OR 97221  
Telephone: 503-244-5211  
Fax: 503-244-5506  
Website: [www.orpartnership.org](http://www.orpartnership.org)  
Email: [emoser@orpartnership.org](mailto:emoser@orpartnership.org)

### **Parents Anonymous of Oregon**

Ruth Taylor  
4945 N.E 7th Avenue  
Portland, OR 97211  
Telephone: 503-258-4568  
Fax: 503-493-2656  
Email: [ruth.taylor@morrisonkids.org](mailto:ruth.taylor@morrisonkids.org)

Description: Parent Support Group, Children's Programs, Parent Leadership Development and Training and Parent Mentoring Services

### **Parrott Creek Child and Family Services**

The Parent Training Program  
Amy Jackson  
1001 Molalla Avenue, Suite #209  
Oregon City, OR 97045  
Telephone: 503-546-6530  
Fax: 503-655-8908  
Website: [www.pcreek.org](http://www.pcreek.org)  
Email: [ajackson@pcreek.org](mailto:ajackson@pcreek.org)

### **Pathfinders of Oregon**

Parenting Inside Out  
Cathy Calvin  
PO Box 19742  
7800 SW Barbur Blvd  
Portland, OR 97219  
Telephone: 503-910-1219  
Fax: 503-245-4022  
Website: [www.pathfindersoforegon.org](http://www.pathfindersoforegon.org)  
Email: [ccalvin@pathfindersoforegon.org](mailto:ccalvin@pathfindersoforegon.org)

### **Pathfinders of Oregon, Pathfinder Academy**

Parenting Excellence, Teen Parent program  
Ely Sanders  
8010 N Charleston  
Portland, OR 97211  
Telephone: 503-307-2270  
Email: [esanders@pathfindersoforegon.org](mailto:esanders@pathfindersoforegon.org)

## **Portland Community College**

Department of Early Education & Family Studies  
Andrew Forshee, Ph.D.  
12000 SW 49th Avenue, HT 318  
Portland, OR 97219  
Telephone: 503-977-4027  
Website: [www.pcc.edu](http://www.pcc.edu)  
Email: [andrew.forshee15@pcc.edu](mailto:andrew.forshee15@pcc.edu)

## **Portland OIC- Rosemary Anderson High School**

Teen Parent Program  
Kim Filla  
717 N. Killingsworth Court  
Portland, OR 97217  
Telephone: 503-797-7228  
Fax: 503-285-4415  
Website: [www.rosemaryanderson.org](http://www.rosemaryanderson.org)  
Email: [kfilla@poicrahs.org](mailto:kfilla@poicrahs.org)

## **Rad Nannies**

Kate Denny  
414 Boone St.  
Salem, OR 97306  
Telephone: 503-365-1988  
Email: [kkzks@wvi.com](mailto:kkzks@wvi.com)

## **Sam Barlow High School**

Bruin Buddies Preschool  
Lorena DuPuis  
5105 SE 302nd Avenue  
Gresham, OR  
Telephone: 503-674-5690  
Fax: 503-674-5645  
Email: [lorena\\_dupuis@gbsd.gresham.k12.or.us](mailto:lorena_dupuis@gbsd.gresham.k12.or.us)

## **Volunteers of America Family Relief Nursery**

234 SE 7th Avenue  
Portland, OR 97214  
Telephone: 503-236-8492  
Fax: 503-238-8127  
Website: [www.voaoor.org](http://www.voaoor.org)  
Email: [bfroese@voaoor.org](mailto:bfroese@voaoor.org)

## **Volunteers of America Oregon**

Volunteers of America Parenting Program  
Susan Gano, MSW  
217 SE 8th Avenue  
Portland, OR 97214  
Telephone: 503-236-3033  
Fax: 503-236-3028  
Website: [www.voaoor.org](http://www.voaoor.org)  
Email: [sgano@voaoor.org](mailto:sgano@voaoor.org)

Description: Volunteers of America serves clients who are DHS involved and have been mandated to complete parenting courses. We offer group classes, individual services and group visitation. We also serve Spanish speaking clients, families who are parenting teens and developmentally delayed parents.

## **YMCA of Columbia-Willamette**

Incredible Years, Love and Logic, and Strengthening Families  
YMCA Child Care Division  
9500 SW Barbur Blvd, Suite 240  
Portland, OR 97219  
Telephone: 503-327-0007  
Fax: 503-946-5009  
Website: [www.ymca-portland.org](http://www.ymca-portland.org)  
Email: [ychildcare@ymca-portland.org](mailto:ychildcare@ymca-portland.org)

Description: The YMCA of Columbia-Willamette Child Care Division currently operates 42 Before and After School programs, 16 Child Development Centers, and a Family Resource Center. These programs serve over 2500 families on a daily basis providing quality affordable care and services for all. Financial assistance for programs is available.

## Polk County

### Adoption Mosaic

Adoption Mosaic  
Astrid Dabbeni  
PO Box 18102  
Portland, OR 97215  
Telephone: 971-533-0102  
Website: [www.adoptionmosaic.org](http://www.adoptionmosaic.org)  
Email: [info@adoptionmosaic.org](mailto:info@adoptionmosaic.org)

### Chemeketa Community College

Effective Parenting  
Amber McMurray  
Chemeketa Community College  
Salem, OR 97305  
Telephone: 503-399-6562  
Email: [amcmurray@chemeketa.edu](mailto:amcmurray@chemeketa.edu)

Description: Classes for all age children, using the Love & Logic curriculum. Classes for children newborn to age 6, using the *Parenting Now!* curriculum.

### Easter Seals Healthy Start

Make Parenting a Pleasure  
Kathy Gibbs  
PO Box 5193  
290 Moyer Lane NW  
Salem, OR 97304  
Telephone: 503-485-2185  
Fax: 503-363-4214  
Email: [kgibbs@or.easterseals.com](mailto:kgibbs@or.easterseals.com)

### Family Building Blocks

Project BOND and Parenting Connection  
Tanya Hamilton  
2425 Lancaster Drive NE  
Salem, OR 97305  
Telephone: 503-566-2132  
Fax: 503-566-2134  
Website: [www.familybuildingblocks.org](http://www.familybuildingblocks.org)  
Email: [thamilton@hotmail.com](mailto:thamilton@hotmail.com)

### Head Start of Yamhill County

Carolyn Sauers  
PO Box 1311  
2045 South West Highway 18, Suite 300  
McMinnville, OR 97128  
Telephone: 503-472-2000  
Fax: 503-472-6539  
Website: [www.yamhillheadstart.org](http://www.yamhillheadstart.org)  
Email: [csauers@yamhillheadstart.org](mailto:csauers@yamhillheadstart.org)

### Options Counseling Services

Make Parenting A Pleasure  
Jeff Thompson  
3000 Market Street NE  
Salem, OR 97301  
Telephone: 503-390-5637  
Fax: 503-393-3135  
Website: [www.options.org](http://www.options.org)  
Email: [jefft@options.org](mailto:jefft@options.org)

Kelli McKnight  
3000 Market Street, Suite 530  
Baker School on Saginaw Street  
Salem, OR 97301  
Telephone: 541-687-6983  
Fax: 541-687-2063  
Email: [kellim@options.org](mailto:kellim@options.org)

### Polk County Juvenile Department

Decisive Parenting  
Trish Reding, Manager  
182 SW Academy Street, Suite 326  
Dallas, OR 97338  
Telephone: 503-623-2349  
Fax: 503-831-3013  
Email: [REDING.TRISH@co.polk.or.us](mailto:REDING.TRISH@co.polk.or.us)

Description: This program is designed specifically for the parents of teenagers. Parents who are struggling with their kids over issues such as truancy, drug/alcohol use, homework, chores, sexual activity, choice of friends, and arguing will find detailed solutions in this course.



## **Rad Nannies**

Kate Denny  
414 Boone St.  
Salem, OR 97306  
Telephone: 503-365-1988  
Email: [kkzks@wvi.com](mailto:kkzks@wvi.com)

## **Salem Public Library**

BJ Toewe  
PO Box 14810  
585 Liberty Street SE  
Salem, OR 97301  
Telephone: 503-588-6088  
Fax: 503-589-2011  
Website: [www.salemlibrary.org](http://www.salemlibrary.org)  
Email: [bjtoewe@cityofsalem.net](mailto:bjtoewe@cityofsalem.net)

Description: Salem Public Library, with its collection of over 630,000 items, provides materials, reference assistance, and programs for people of all ages. Free classes for parents and daycare providers are offered periodically throughout the year.

## **Western Oregon University/Teaching Research Institute**

Parents and Educators Together/Second Step  
Gary Glasenapp  
345 N. Monmouth Avenue  
Monmouth, OR 97361  
Telephone: 503-838-8771  
Fax: 503-838-8150  
Website: [www.tr.wou.edu](http://www.tr.wou.edu)  
Email: [glaseng@wou.edu](mailto:glaseng@wou.edu)

Description: The Parents and Educators Together program utilizes a three-prong approach to meet the needs of families and children ages 3-8 in Polk County communities. The program offers no cost parenting education using the *Second Step Family Guide*, concurrent social skills instruction for children in the *Second Step Violence Prevention Curriculum* during the parenting sessions, and ongoing social skills instruction in the *Second Step Curriculum* in the children's community care and education setting.

## Sherman County

### **Eastern Oregon Alcoholism Foundation**

EOAF Parents Program  
Cathy McDonald  
216 S. W. Hailey Avenue  
Pendleton, OR 97801  
Telephone: 541-276-3518, ext. 212  
Fax: 541-276-4189  
Website: [www.eoaf.org](http://www.eoaf.org)  
Email: [cmcdonald@eoaf.org](mailto:cmcdonald@eoaf.org)

Description: EOAF is a residential drug and alcohol program that serves both men and women with children. Some of the parents have young children in treatment with them, but all parents are offered parenting classes.

### **Mt. Emily Safe Center**

Make Parenting a Pleasure, Healthy Start  
Sandra Leavitt  
PO Box 146  
2107 3rd Street  
La Grande, OR 97850  
Telephone: 541-963-0602  
Fax: 541-962-0345  
Website: [www.mtemilysafecenter.com](http://www.mtemilysafecenter.com)  
Email: [director@mtemilysafecenter.com](mailto:director@mtemilysafecenter.com)

Description: Mt. Emily Safe Center is a Child Abuse Intervention Center whose mission is to provide a multidisciplinary approach to the assessment of child abuse, ensure children and youth have access to prevention services, and to promote safe and healthy environments for families.

### **North Central ESD Early Education**

Head Start & Healthy Start  
Kim Williams  
P O Box 951  
135 Main  
Condon, OR 97823  
Telephone: 541-384-3808  
Fax: 541-384-3809  
Email: [williams@ncesd.k12.or.us](mailto:williams@ncesd.k12.or.us)

Description: North Central ESD provides home visiting, and educational programs serving families with children birth to age five.

### **Umatilla-Morrow County Head Start, Inc.**

Head Start, Early Head Start, WIC, CCR&R, Family Support & Connections, CASA  
Sue Aikens, Training Coordinator  
110 NE 4th Street  
Hermiston, OR 97838  
Telephone: 541-564-6878  
Toll Free: 1-800-559-5878  
Fax: 541-564-6879  
Website: [www.umchs.org](http://www.umchs.org)  
Email: [saikens@umchs.org](mailto:saikens@umchs.org)

Description: A variety of parent education curricula and topics including: Nutrition Education (WIC), Incredible Years (parenting 3-8), Infant/Toddler Incredible Years (0-2), Four Cornerstones to Financial Literacy, 1-2-3-4 Parents!, Dr. Dad and Successful Fathering.

## Tillamook County

### **Community Action Team, Inc.**

Parenting Education

Julianne Cullen

PO Box 10

108 West B Street

Rainier, OR 97048

Telephone: 503-556-3736

Fax: 503-556-0705

Website: [www.nworheadstart.org](http://www.nworheadstart.org)

Email: [ervinjar@nworheadstart.org](mailto:ervinjar@nworheadstart.org)

### **Parents Anonymous of Oregon**

Parent Support Group, Children's Programs,  
Parent Leadership Development and Training  
and Parent Mentoring Services

Ruth Taylor

4945 N.E 7th Avenue

Portland, OR 97211

Telephone: 503-258-4568

Fax: 503-493-2656

Email: [ruth.taylor@morrisonkids.org](mailto:ruth.taylor@morrisonkids.org)

## Umatilla County

### Eastern Oregon Alcoholism Foundation

EOAF Parents Program  
Cathy McDonald  
216 S. W. Hailey Avenue  
Pendleton, OR 97801  
Telephone: 541-276-3518, ext. 212  
Fax: 541-276-4189  
Website: [www.eoaf.org](http://www.eoaf.org)  
Email: [cmcdonald@eoaf.org](mailto:cmcdonald@eoaf.org)

Description: EOAF is a residential drug and alcohol program that serves both men and women with children. Some of the parents have young children in treatment with them, but all parents are offered parenting classes.

### La Leche League of Oregon

Breastfeeding Support and Education  
Melanie Green  
3386 NW Summerhill Place  
Albany, OR 97321  
Telephone: 541-967-8965  
Website: [www.llli.org/Web/Oregon.html](http://www.llli.org/Web/Oregon.html)  
Email: [melanieverde@msn.com](mailto:melanieverde@msn.com)

Description: La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing education, information, support, and encouragement to women who want to breastfeed. All breastfeeding mothers and pregnant women interested in breastfeeding are welcome to come to free meetings or call Leaders for breastfeeding help.

### Mt. Emily Safe Center

Make Parenting a Pleasure, Healthy Start  
Sandra Leavitt  
PO Box 146  
2107 3rd Street  
La Grande, OR 97850  
Telephone: 541-963-0602  
Fax: 541-962-0345  
Website: [www.mtemilysafecenter.com](http://www.mtemilysafecenter.com)  
Email: [director@mtemilysafecenter.com](mailto:director@mtemilysafecenter.com)

Description: Mt. Emily Safe Center is a Child Abuse Intervention Center whose mission is to provide a multidisciplinary approach to the assessment of child abuse, ensure children and youth have access to prevention services, and to promote safe and healthy environments for families.

### Parents Anonymous of Oregon

Parent Support Group, Children's Programs,  
Parent Leadership Development and Training  
and Parent Mentoring Services  
Ruth Taylor  
4945 N.E 7th Avenue  
Portland, OR 97211  
Telephone: 503-258-4568  
Fax: 503-493-2656  
Email: [ruth.taylor@morrisonkids.org](mailto:ruth.taylor@morrisonkids.org)

### Pathfinders of Oregon

Parenting Inside Out  
Cathy Calvin  
PO Box 19742  
7800 SW Barbur Blvd  
Portland, OR 97219  
Telephone: 503-910-1219  
Fax: 503-245-4022  
Website: [www.pathfindersoforegon.org](http://www.pathfindersoforegon.org)  
Email: [ccalvin@pathfindersoforegon.org](mailto:ccalvin@pathfindersoforegon.org)

### **Pendleton High School**

Pendleton Early Head Start  
Karen Demianew  
1800 NW Carden Avenue  
Pendleton, OR 97801  
Telephone: 541-966-3855  
Fax: 541-966-3947  
Email: [karen.demianew@pendleton.k12.or.us](mailto:karen.demianew@pendleton.k12.or.us)

### **Pioneer Relief Nursery**

Kelly Sager  
715 SE Court Avenue  
Pendleton, OR 97801  
Telephone: 541-215-1017  
Fax: 541-215-1018

Description: Pioneer Relief Nursery is a nonprofit child abuse and neglect prevention program. We offer parenting classes, Therapeutic Early Childhood Classrooms, planned Respite, Outreach and a clothes closet for children.

### **Umatilla County Addictions Program**

Life Skills-Botvin, Parenting with Dignity,  
Parenting Wisely and Partners in Parenting  
Bonnie Gracia  
200 SE Hailey, Suite 203  
Pendleton, OR 97838  
Telephone: 541-278-6330  
Fax: 541-278-5419  
Email: [bonnie\\_gracia@class.oregonvos.net](mailto:bonnie_gracia@class.oregonvos.net)

### **Umatilla County Public Health**

Healthy Start, Babies First, CaCoon  
Gail Chalmers  
200 SE 3rd  
Pendleton, OR 97801  
Telephone: 541-278-5432  
Fax: 541-278-5433  
Email: [gailc@co.umatilla.or.us](mailto:gailc@co.umatilla.or.us)

### **Umatilla-Morrow County Head Start, Inc.**

Head Start, Early Head Start, WIC, CCR&R,  
Family Support & Connections, CASA  
Sue Aikens, Training Coordinator  
110 NE 4th Street  
Hermiston, OR 97838  
Telephone: 541-564-6878  
Toll Free: 1-800-559-5878  
Fax: 541-564-6879  
Website: [www.umchs.org](http://www.umchs.org)  
Email: [saikens@umchs.org](mailto:saikens@umchs.org)

Description: A variety of parent education curricula and topics including: Nutrition Education (WIC), Incredible Years (parenting 3-8), Infant/Toddler Incredible Years (0-2), Four Cornerstones to Financial Literacy, 1-2-3-4 Parents!, Dr. Dad and Successful Fathering.

## Union County

### **Building Healthy Families**

Family Support and Education Programming  
Amy Johnson  
103 Hwy 82 #2  
Enterprise, OR 97828  
Telephone: 541-426-9411  
Fax: 541-426-3414  
Website: [www.oregonbhf.org](http://www.oregonbhf.org)  
Email: [ajohnson@oregonbhf.org](mailto:ajohnson@oregonbhf.org)

Description: Building Healthy Families (BHF) is an independent, nonprofit family support organization, offering personalized universal support and education for parents, caregivers and parents-to-be, and youth 0-18 years of age, through the home visiting program, parent education, resource library, Healthy Start, Exploration-an afterschool program, KindHearts Learning Center and the Safe Visits program. At BHF, we focus on child development, age-appropriate behavior, parent-child interaction, positive discipline, and family health and safety. We promote family access to needed resources in the community, and advocate for children and families.

### **Child Care Resource & Referral**

Jean Johnson  
1916 Island Avenue  
La Grande, OR 97850  
Telephone: 541-963-7942  
Fax: 541-963-8458  
Website: [www.trainingemployment.org](http://www.trainingemployment.org)  
Email: [johnj@tecteamb.org](mailto:johnj@tecteamb.org)

### **Eastern Oregon Alcoholism Foundation**

EOAF Parents Program  
Cathy McDonald  
216 S. W. Hailey Avenue  
Pendleton, OR 97801  
Telephone: 541-276-3518, ext. 212  
Fax: 541-276-4189  
Website: [www.eoaf.org](http://www.eoaf.org)  
Email: [cmcdonald@eoaf.org](mailto:cmcdonald@eoaf.org)

Description: EOAF is a residential drug and alcohol program that serves both men and women with children. Some of the parents have young children in treatment with them, but all parents are offered parenting classes.

### **Kindred Support Services, LLC**

Parent Training  
Julie Farnam  
PO Box 187  
105 Fir Street, Suite 209  
La Grande, OR 97850  
Telephone: 541-963-7796  
Fax: 541-963-7796  
Email: [farnamjulie@yahoo.com](mailto:farnamjulie@yahoo.com)

Marian Goldberg, MSW, LCSW  
Telephone: 541-786-3401  
Fax: 541-663-8649  
Email: [mariangoldberg1@gmail.com](mailto:mariangoldberg1@gmail.com)

Description: Kindred Support Services provides Family Based Services including individualized parent education through a contract with the Department of Human Services, Child Welfare Division. Clients must be referred by DHS and services are free of charge. The program also provides crisis support including pertinent parent education for children disclosing physical or sexual abuse through referrals by the Mt. Emily Safe Center.

## **Mt. Emily Safe Center**

Make Parenting a Pleasure, Healthy Start

Sandra Leavitt

PO Box 146

2107 3rd Street

La Grande, OR 97850

Telephone: 541-963-0602

Fax: 541-962-0345

Website: [www.mtemilysafecenter.com](http://www.mtemilysafecenter.com)

Email: [director@mtemilysafecenter.com](mailto:director@mtemilysafecenter.com)

Description: Mt. Emily Safe Center is a Child Abuse Intervention Center whose mission is to provide a multidisciplinary approach to the assessment of child abuse, ensure children and youth have access to prevention services, and to promote safe and healthy environments for families.

## Wallowa County

### **Building Healthy Families**

Family Support and Education Programming  
Amy Johnson  
103 Hwy 82 #2  
Enterprise, OR 97828  
Telephone: 541-426-9411  
Fax: 541-426-3414  
Website: [www.oregonbhf.org](http://www.oregonbhf.org)  
Email: [ajohnson@oregonbhf.org](mailto:ajohnson@oregonbhf.org)

Description: Building Healthy Families (BHF) is an independent, nonprofit family support organization, offering personalized universal support and education for parents, caregivers and parents-to-be, and youth 0-18 years of age, through the home visiting program, parent education, resource library, Healthy Start, Exploration-an afterschool program, KindHearts Learning Center and the Safe Visits program. At BHF, we focus on child development, age-appropriate behavior, parent-child interaction, positive discipline, and family health and safety. We promote family access to needed resources in the community, and advocate for children and families.

### **Child Care Resource & Referral**

Jean Johnson  
1916 Island Avenue  
La Grande, OR 97850  
Telephone: 541-963-7942  
Fax: 541-963-8458  
Website: [www.trainingemployment.org](http://www.trainingemployment.org)  
Email: [johnj@tecteamb.org](mailto:johnj@tecteamb.org)

### **Eastern Oregon Alcoholism Foundation**

EOAF Parents Program  
Cathy McDonald  
216 S. W. Hailey Avenue  
Pendleton, OR 97801  
Telephone: 541-276-3518, ext. 212  
Fax: 541-276-4189  
Website: [www.eoaf.org](http://www.eoaf.org)  
Email: [cmcdonald@eoaf.org](mailto:cmcdonald@eoaf.org)

Description: EOAF is a residential drug and alcohol program that serves both men and women with children. Some of the parents have young children in treatment with them, but all parents are offered parenting classes.

### **Kindred Support Services, LLC**

Parent Training  
Julie Farnam  
PO Box 187  
105 Fir Street, Suite 209  
La Grande, OR 97850  
Telephone: 541-963-7796  
Fax: 541-963-7796  
Email: [farnamjulie@yahoo.com](mailto:farnamjulie@yahoo.com)

Marian Goldberg, MSW, LCSW  
Telephone: 541-786-3401  
Fax: 541-663-8649  
Email: [mariangoldberg1@gmail.com](mailto:mariangoldberg1@gmail.com)

Description: Kindred Support Services provides Family Based Services including individualized parent education through a contract with the Department of Human Services, Child Welfare Division. Clients must be referred by DHS and services are free of charge. The program also provides crisis support including pertinent parent education for children disclosing physical or sexual abuse through referrals by the Mt. Emily Safe Center.



## **Mt. Emily Safe Center**

Make Parenting a Pleasure, Healthy Start

Sandra Leavitt

PO Box 146

2107 3rd Street

La Grande, OR 97850

Telephone: 541-963-0602

Fax: 541-962-0345

Website: [www.mtemilysafecenter.com](http://www.mtemilysafecenter.com)

Email: [director@mtemilysafecenter.com](mailto:director@mtemilysafecenter.com)

Description: Mt. Emily Safe Center is a Child Abuse Intervention Center whose mission is to provide a multidisciplinary approach to the assessment of child abuse, ensure children and youth have access to prevention services, and to promote safe and healthy environments for families.

## **Umatilla-Morrow County Head Start, Inc.**

Head Start, Early Head Start, WIC, CCR&R,

Family Support & Connections, CASA

Sue Aikens, Training Coordinator

110 NE 4th Street

Hermiston, OR 97838

Telephone: 541-564-6878

Toll Free: 1-800-559-5878

Fax: 541-564-6879

Website: [www.umchs.org](http://www.umchs.org)

Email: [saikens@umchs.org](mailto:saikens@umchs.org)

Description: A variety of parent education curricula and topics including: Nutrition Education (WIC), Incredible Years (parenting 3-8), Infant/Toddler Incredible Years (0-2), Four Cornerstones to Financial Literacy, 1-2-3-4 Parents!, Dr. Dad and Successful Fathering.

## Wasco County

### **CHILD**

Reach Out and Read  
Cheryl DeHart  
PO Box 65  
508 Washington Street  
The Dalles, OR 97058  
Telephone: 541-993-1025  
Email: [learntoread@qnect.net](mailto:learntoread@qnect.net)

### **Columbia Gorge ESD**

Migrant Education Program  
Doug Mahurin  
400 E Scenic Drive  
The Dalles, OR 97058  
Telephone: 541-298-3132  
Fax: 541-298-2894  
Website: [CGESD.k12.or.us](http://CGESD.k12.or.us)  
Email: [dmahurin@cgesd.k12.or.us](mailto:dmahurin@cgesd.k12.or.us)

### **Eastern Oregon Alcoholism Foundation**

EOAF Parents Program  
Cathy McDonald  
216 S. W. Hailey Avenue  
Pendleton, OR 97801  
Telephone: 541-276-3518, ext. 212  
Fax: 541-276-4189  
Website: [www.eoaf.org](http://www.eoaf.org)  
Email: [cmcdonald@eoaf.org](mailto:cmcdonald@eoaf.org)

Description: EOAF is a residential drug and alcohol program that serves both men and women with children. Some of the parents have young children in treatment with them, but all parents are offered parenting classes.

### **Gresham High School**

Gresham High Child Development Center  
Julianne Standish  
1200 N Main Street  
Gresham, OR 97030  
Telephone: 503-674-5537  
Fax: 503-674-5549  
Website: [www.ghs.gresham.k12.or.us](http://www.ghs.gresham.k12.or.us)  
Email: [julianne\\_standish@gbsd.gresham.k12.or.us](mailto:julianne_standish@gbsd.gresham.k12.or.us)

### **Mid-Columbia Children's Council**

John Mendez  
1100 East Marina Way, Suite 215  
Hood River, OR 97031  
Telephone: 541-386-2010  
Website: [www.mcccheadstart.org](http://www.mcccheadstart.org)  
Email: [mcccjmendez@gorge.net](mailto:mcccjmendez@gorge.net)

### **Wasco County Commission on Children & Families**

Early Childhood and Parent Education Initiative  
Christa Rude, Administrator or Darcy Long-Curtiss, Coordinator  
610 Court Street  
The Dalles, OR 97058  
Telephone: 541-506-2670  
Fax: 541-506-2671  
Website: [www.co.wasco.or.us/county/departments\\_mai](http://www.co.wasco.or.us/county/departments_mai)  
[n.cfm](http://www.co.wasco.or.us/county/departments_mai)  
Email: [christar@co.wasco.or](mailto:christar@co.wasco.or)

## Washington County

### **Adelante Mujeres**

Parenting Education  
Bridget Cooke  
2420 19th Avenue  
Forest Grove, OR 97116  
Telephone: 503-992-0078  
Fax: 503-359-1939  
Website: [www.adelantemujeres.org](http://www.adelantemujeres.org)  
Email: [bridgetcooke@adelantemujeres.org](mailto:bridgetcooke@adelantemujeres.org)

### **Adoption Mosaic**

Adoption Mosaic  
Astrid Dabbeni  
PO Box 18102  
Portland, OR 97215  
Telephone: 971-533-0102  
Website: [www.adoptionmosaic.org](http://www.adoptionmosaic.org)  
Email: [info@adoptionmosaic.org](mailto:info@adoptionmosaic.org)

### **Boys & Girls Aid**

Special Needs and Infant Pre-Adoption  
Preparation, Love and Logic  
Sally Guyer  
018 SW Boundary Ct  
Portland, OR 97239  
Telephone: 877-932-2734  
Fax: 503-224-5960  
Website: [www.boysandgirlsaid.org](http://www.boysandgirlsaid.org)  
Email: [sguyer@boysandgirlsaid.org](mailto:sguyer@boysandgirlsaid.org)

### **Community Action Head Start**

Early Head Start Part-Day Programs  
Kathy Zane, Program Area Coordinator  
1001 SW Baseline Street  
Hillsboro, OR 97219  
Telephone: 971-246-1690  
Fax: 503-352-3798  
Website: [www.caowash.org](http://www.caowash.org)  
Email: [kzane@caowash.org](mailto:kzane@caowash.org)

Description: Community Action Early Head Start part-day programs include our Child Development Center in Wilsonville at the Coffee Creek Women's Correctional Facility and our Beaverton area Home-Based program. Both programs enroll children ages birth through three and their parents. Each enrolled child and parent receive comprehensive Early Head Start services including: parenting education, child development, positive child guidance, health, dental and nutrition services.

### **Continuing Education for Young Parents (CEYP)**

Rhea Medina  
1841 SW Merlo Drive  
Beaverton, OR 97006  
Telephone: 503-259-5608  
Email: [rhea\\_medina@beavton.k12.or.us](mailto:rhea_medina@beavton.k12.or.us)

Description: CEYP is an alternative educational program for pregnant students and school age mothers and fathers in the Beaverton School District. It provides a supportive environment in which students can continue their education and prepare for the responsibilities of pregnancy and parenting.

### **Essential Insights**

Active Parenting Program  
Laurie Van-Si, MS.Ed  
7421 SE Eldorado Street  
Milwaukie, OR 97267  
Telephone: 503-722-7733  
Website: [www.essentialinsights.org](http://www.essentialinsights.org)  
Email: [lvansi@comcast.net](mailto:lvansi@comcast.net)

Description: Parenting classes are individually tailored to unique needs/concerns, specifically designed for families with special needs children, i.e. ADD/HD and children with other learning challenges.

### **Evergreen Counseling Services**

Evergreen Parent Training  
Robert Mow  
1104 Main Street, Suite 440  
Vancouver, WA 98660  
5350 SW Elam Young Parkway  
Hillsboro, OR 97124  
Telephone: 503-693-4702  
Fax: 503-640-1108

### **Family And Community Together, FACT**

Family Support and Information Center  
Roberta Dunn  
619 SW 11th Avenue, Suite 102  
Portland, OR 97205  
Telephone: 503-243-3228  
Fax: 503-227-0346  
Website: [www.factoreregion.org](http://www.factoreregion.org)  
Email: [info@factoreregion.org](mailto:info@factoreregion.org)

### **Forest Grove City Library**

Ann Dondero  
2114 Pacific Avenue  
Forest Grove, OR 97116  
Telephone: 503-992-3281  
Fax: 503-992-3333  
Email: [anndo@wccls.org](mailto:anndo@wccls.org)

### **Hillsboro Public Library**

Parenting Workshops  
Youth Services Staff  
Carol Reich  
2850 NE Brookwood Parkway  
Hillsboro, OR 97124  
Telephone: 503-615-6500  
Fax: 503-615-6601  
Website: [www.hillsboro.plinkit.org/](http://www.hillsboro.plinkit.org/)

Description: Early literacy information is shared with parents and caregivers during library story times, toddler times and lapsit programs. Series of classes are planned for fall and spring.

### **Hillsboro School District 1J**

Glencoe Care Center  
Rita Jukkala  
2700 NW Glencoe Road  
Hillsboro, OR 97124  
Telephone: 503-844-1900  
Fax: 503-640-5604  
Website: [hsd@k12.or.us](mailto:hsd@k12.or.us)  
Email: [jukkalar@hsd.k12.or.us](mailto:jukkalar@hsd.k12.or.us)

### **La Leche League of Oregon**

Breastfeeding Support and Education  
Melanie Green  
3386 NW Summerhill Place  
Albany, OR 97321  
Telephone: 541-967-8965  
Website: [www.llli.org/Web/Oregon.html](http://www.llli.org/Web/Oregon.html)  
Email: [melanieverde@msn.com](mailto:melanieverde@msn.com)

Description: La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing education, information, support, and encouragement to women who want to breastfeed. All breastfeeding mothers and pregnant women interested in breastfeeding are welcome to come to free meetings or call Leaders for breastfeeding help.

## **Lake Oswego Public Library/Youth Services Department**

Jackie Rose  
Lake Oswego Public Library, 706 4th Street  
Lake Oswego, OR 97034  
Telephone: 503-675-2539  
Fax: 503-675-3994  
Website: [www.ci.oswego.or.us/library/](http://www.ci.oswego.or.us/library/)  
Email: [jrose@ci.oswego.or.us](mailto:jrose@ci.oswego.or.us)

Description: Storytime for Birth through Five, Musical Laptimes for Babies, Early Literacy Newsletter on Website, Summer Reading Club, special guest performers.

## **LifeWorks NW**

Strengthening Families, Nicasa, PAT, Incredible Years, Love and Logic  
Linda Sneddon  
12350 SW 5th Street, Suite 110  
Beaverton, OR 97005  
Telephone: 503-627-9194, ext. 3726  
Fax: 503-627-9095  
Website: [www.lifeworksnw.org](http://www.lifeworksnw.org)  
Email: [lindas@lifeworksnw.org](mailto:lindas@lifeworksnw.org)

## **Listen To Kids**

Parent Child Involvement Project  
Lisa Chin  
5135 NW St Helens Road  
Portland, OR 97210  
Telephone: 503-280-1388  
Fax: 503-280-1392  
Website: [www.listentokids.org](http://www.listentokids.org)

## **Morrison Child and Family Services**

Incredible Years Parent Series  
Kathryn Falkenstern  
4790 N. Lombard  
Portland, OR 97203  
Telephone: 503-258-4526  
Fax: 503-286-3871  
Email: [kathryn.falkenstern@morrisonkids.org](mailto:kathryn.falkenstern@morrisonkids.org)

Description: Researched-based parent education class. Fourteen week series is complemented with dinner and childcare. Group leaders have received specialized training in Incredible Years.

## **OCDC/ PODER Family Literacy Even Start**

Carol Mazer  
PO Box 490  
1095 S. Beech  
Cornelius, OR 97113  
Telephone: 503-357-9493  
Fax: 503-357-9231  
Website: [www.ocdc.net/poder](http://www.ocdc.net/poder)  
Email: [carol.mazer@ocdc.net](mailto:carol.mazer@ocdc.net)

Description: PODER is a four-component family literacy program serving Spanish-speaking working families with adult education, parenting education, children's education (early childhood for ages 0-5 and homework help and enrichment for K-6) and parent/child interactive literacy activities.

## **Options Counseling Services of Oregon, Inc.**

Options for Parenting  
Kelli McKnight, M.Ed.  
1255 Pearl St, Suite 102  
Eugene, OR 97401  
Telephone: 541-687-6983  
Fax: 541-697-2063  
Website: [www.options.org](http://www.options.org)  
Email: [kellim@options.org](mailto:kellim@options.org)

### **Oregon Partnership**

Parenting Classes and Workshops  
Emily Moser  
6443 SW Beaverton Hillsdale Hwy, Suite 200  
Portland, OR 97221  
Telephone: 503-244-5211  
Fax: 503-244-5506  
Website: [www.orphnership.org](http://www.orphnership.org)  
Email: [emoser@orphnership.org](mailto:emoser@orphnership.org)

### **Parents Anonymous of Oregon**

Parent Support Group, Children's Programs,  
Parent Leadership Development and Training  
and Parent Mentoring Services  
Ruth Taylor  
4945 N.E 7th Avenue  
Portland, OR 97211  
Telephone: 503-258-4568  
Fax: 503-493-2656  
Email: [ruth.taylor@morrisonkids.org](mailto:ruth.taylor@morrisonkids.org)

### **Parrott Creek Child and Family Services**

The Parent Training Program  
Amy Jackson  
1001 Molalla Avenue, Suite #209  
Oregon City, OR 97045  
Telephone: 503-546-6530  
Fax: 503-655-8908  
Website: [www.pcreek.org](http://www.pcreek.org)  
Email: [ajackson@pcreek.org](mailto:ajackson@pcreek.org)

### **Portland Community College**

Department of Early Education & Family Studies  
Andrew Forshee, Ph.D.  
12000 SW 49th Avenue, HT 318  
Portland, OR 97219  
Telephone: 503-977-4027  
Website: [www.pcc.edu](http://www.pcc.edu)  
Email: [andrew.forshee15@pcc.edu](mailto:andrew.forshee15@pcc.edu)

### **Tigard Public Library**

Molly Carlisle, Youth Services Supervisor  
13500 SW Hall Blvd  
Tigard, OR 97223  
Telephone: 503-684-6537  
Website: [www.tigard-or.gov/library](http://www.tigard-or.gov/library)  
Email: [molly@tigard-or.gov](mailto:molly@tigard-or.gov)

Description: Tigard Public Library offers early literacy workshops at the library for parents and caregivers several times each year. Schools, preschools, child care centers, and parent organizations are encouraged to schedule tours and workshops at the library, and we are available to visit organizations within Tigard.

### **Tigard-Tualatin Family Resource Center**

Coordination of Various Parenting Programs  
c/o Durham Center, 8040 SW Durham Road  
9000 SW Durham Road  
Tigard, OR 97224  
Telephone: 503-603-1585  
Fax: 503-431-4097  
Website: [www.ttfrc.org](http://www.ttfrc.org)  
Email: [cwest@tsd.k12.or.us](mailto:cwest@tsd.k12.or.us)

Description: The Tigard-Tualatin Family Resource Center (TTFRC) is funded by the Washington County Commission on Children & Families and is part of the Tigard-Tualatin School District. TTFRC helps to connect families with community resources including providing parenting class information when available. The Center also provides a variety of direct services to help Tigard-Tualatin families.

### **Virginia Garcia Memorial Health Center**

Ignolia Duyck  
PO 568  
85 North 12th Street  
Cornelius, OR 97113  
Telephone: 503-359-8513  
Fax: 503-352-8574  
Email: [ihenriquez@vgmhc.org](mailto:ihenriquez@vgmhc.org)

Description: PCI (Padres Con Initiative;  
Parenting Classes in Spanish)

### **Washington County Health and Human Services**

New Parent Network-Healthy Start  
Randy Fulgham  
155 N First Avenue MS4  
Hillsboro, OR 97124  
Telephone: 503-846-4746  
Fax: 503-846-4540  
Email: [randy\\_fulgham@co.washington.or.us](mailto:randy_fulgham@co.washington.or.us)

### **West Slope Community Library**

Kirsten Freeman-Benson  
3678 SW 78th Avenue  
Portland, OR 97225  
Telephone: 503-292-6416  
Fax: 503-292-6932  
Website: [www.wccls.org](http://www.wccls.org)  
Email: [kirstenfb@wccls.org](mailto:kirstenfb@wccls.org)

Description: Early literacy storytimes for babies, toddlers, preschoolers and their caregivers; interactive family storytimes; gaming and craft programs for all ages; summer reading incentive programs for youth ages 0-18.

### **Westview High School**

Early Childhood Education  
Claire Floyd  
4200 NW 185th Avenue  
Portland, OR 97229  
Telephone: 503-259-5218  
Fax: 503-259-5230  
Email: [claire\\_floyd@beavton.k12.or.us](mailto:claire_floyd@beavton.k12.or.us)

Description: Students can earn a Human Services Career Pathway when they successfully take all 4 levels of Early Childhood Education.

### **YMCA of Columbia-Willamette**

Incredible Years, Love and Logic, and Strengthening Families  
YMCA Child Care Division  
9500 SW Barbur Blvd, Suite 240  
Portland, OR 97219  
Telephone: 503-327-0007  
Fax: 503-946-5009  
Website: [www.ymca-portland.org](http://www.ymca-portland.org)  
Email: [ychildcare@ymca-portland.org](mailto:ychildcare@ymca-portland.org)

Description: The YMCA of Columbia-Willamette Child Care Division currently operates 42 Before and After School programs, 16 Child Development Centers, and a Family Resource Center. These programs serve over 2500 families on a daily basis providing quality affordable care and services for all. Financial assistance for programs is available.

### **Youth Contact**

Kid's Turn, Strengthening Families, Nicasa, Incredible Years  
Mandy Ramsey  
447 SE Baseline  
Hillsboro, OR 97123  
Telephone: 503-640-4222  
Fax: 503-640-0334  
Email: [mramsey@youthcontact.org](mailto:mramsey@youthcontact.org)

## Wheeler County

### Eastern Oregon Alcoholism Foundation

EOAF Parents Program  
Cathy McDonald  
216 S. W. Hailey Avenue  
Pendleton, OR 97801  
Telephone: 541-276-3518, ext. 212  
Fax: 541-276-4189  
Website: [www.eoaf.org](http://www.eoaf.org)  
Email: [cmcdonald@eoaf.org](mailto:cmcdonald@eoaf.org)

Description: EOAF is a residential drug and alcohol program that serves both men and women with children. Some of the parents have young children in treatment with them, but all parents are offered parenting classes.

### Mt. Emily Safe Center

Make Parenting a Pleasure, Healthy Start  
Sandra Leavitt  
PO Box 146  
2107 3rd Street  
La Grande, OR 97850  
Telephone: 541-963-0602  
Fax: 541-962-0345  
Website: [www.mtemilysafecenter.com](http://www.mtemilysafecenter.com)  
Email: [director@mtemilysafecenter.com](mailto:director@mtemilysafecenter.com)

Description: Mt. Emily Safe Center is a Child Abuse Intervention Center whose mission is to provide a multidisciplinary approach to the assessment of child abuse, ensure children and youth have access to prevention services, and to promote safe and healthy environments for families.

### North Central ESD Early Education

Head Start & Healthy Start  
Kim Williams  
P O Box 951  
135 Main  
Condon, OR 97823  
Telephone: 541-384-3808  
Fax: 541-384-3809  
Email: [williams@ncesd.k12.or.us](mailto:williams@ncesd.k12.or.us)

Description: North Central ESD provides home visiting, and educational programs serving families with children birth to age five.

### Spray Community School

Growing With Our Children  
Candy Humphreys  
PO Box 64  
303 Park Avenue  
Spray, OR 97874  
Telephone: 541-468-2226  
Fax: 541-468-2859  
Email: [candy@spray.k12.or.us](mailto:candy@spray.k12.or.us)

### Umatilla-Morrow County Head Start, Inc.

Head Start, Early Head Start, WIC, CCR&R, Family Support & Connections, CASA  
Sue Aikens, Training Coordinator  
110 NE 4th Street  
Hermiston, OR 97838  
Telephone: 541-564-6878  
Toll Free: 1-800-559-5878  
Fax: 541-564-6879  
Website: [www.umchs.org](http://www.umchs.org)  
Email: [saikens@umchs.org](mailto:saikens@umchs.org)

Description: A variety of parent education curricula and topics including: Nutrition Education (WIC), Incredible Years (parenting 3-8), Infant/Toddler Incredible Years (0-2), Four Cornerstones to Financial Literacy, 1-2-3-4 Parents!, Dr. Dad and Successful Fathering.



## Yamhill County

### Chemeketa Community College

Effective Parenting  
Amber McMurray  
Chemeketa Community College  
Salem, OR 97305  
Telephone: 503-399-6562  
Email: [amcmurray@chemeketa.edu](mailto:amcmurray@chemeketa.edu)

Description: Classes for all age children, using the Love & Logic curriculum. Classes for children newborn to age 6, using the Parenting Now! curriculum.

### Head Start of Yamhill County

Carolyn Sauers  
PO Box 1311  
2045 South West Highway 18, Suite 300  
McMinnville, OR 97128  
Telephone: 503-472-2000  
Fax: 503-472-6539  
Website: [www.yamhillheadstart.org](http://www.yamhillheadstart.org)  
Email: [csauers@yamhillheadstart.org](mailto:csauers@yamhillheadstart.org)

### La Leche League of Oregon

Breastfeeding Support and Education  
Melanie Green  
3386 NW Summerhill Place  
Albany, OR 97321  
Telephone: 541-967-8965  
Website: [www.llli.org/Web/Oregon.html](http://www.llli.org/Web/Oregon.html)  
Email: [melanieverde@msn.com](mailto:melanieverde@msn.com)

Description: La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing education, information, support, and encouragement to women who want to breastfeed. All breastfeeding mothers and pregnant women interested in breastfeeding are welcome to come to free meetings or call Leaders for breastfeeding help.

### Lutheran Community Services

Incredible years  
Jordan Robinson  
819N Hwy 99 W  
McMinnville, OR 97128  
Telephone: 503-472-4020  
Fax: 503-472-8630  
Website: [www.LCSNW.org](http://www.LCSNW.org)  
Email: [Jordanrobinson@LCSNW.org](mailto:Jordanrobinson@LCSNW.org)

### Newberg High School

Newberg High School Parenting Education  
Jane Eilert  
2400 Douglas  
Newberg, OR 97132  
Telephone: 503-554-4400, ext. 5306  
Email: [eilertj@newberg.k12.or.us](mailto:eilertj@newberg.k12.or.us)

### Opportunity House Alternative

HOPE- High school Offering Parenting Education  
Carol Harper  
437 SW Bridge Street  
Sheridan, OR 97378  
Telephone: 503-843-2687  
Fax: 503-843-2878  
Website: [www.teacherweb.com](http://www.teacherweb.com)  
Email: [charper@sheridan.k12.or.us](mailto:charper@sheridan.k12.or.us)

### Options Counseling Services

Make Parenting A Pleasure  
Jeff Thompson  
3000 Market Street NE  
Salem, OR 97301  
Telephone: 503-390-5637  
Fax: 503-393-3135  
Website: [www.options.org](http://www.options.org)  
Email: [jefft@options.org](mailto:jefft@options.org)

Kelli McKnight  
Telephone: 541-687-6983  
Fax: 541-687-2063  
Email: [kellim@options.org](mailto:kellim@options.org)

### **Rad Nannies**

Kate Denny  
414 Boone St.  
Salem, OR 97306  
Telephone: 503-365-1988  
Email: [kkzks@wvi.com](mailto:kkzks@wvi.com)

### **Salem Public Library**

BJ Toewe  
PO Box 14810  
585 Liberty Street SE  
Salem, OR 97301  
Telephone: 503-588-6088  
Fax: 503-589-2011  
Website: [www.salemlibrary.org](http://www.salemlibrary.org)  
Email: [bjtoewe@cityofsalem.net](mailto:bjtoewe@cityofsalem.net)

Description: Salem Public Library, with its collection of over 630,000 items, provides materials, reference assistance, and programs for people of all ages. Free classes for parents and daycare providers are offered periodically throughout the year.

### **Yamhill County Public Health**

Parents as Teachers Program  
Cathy Matamala-Ost  
412 NE Ford Street  
McMinnville, OR 97128  
Telephone: 503-434-7543  
Website: [www.co.yamhill.or.us/ph/index.asp](http://www.co.yamhill.or.us/ph/index.asp)  
Email: [matamalc@co.yamhill.or.us](mailto:matamalc@co.yamhill.or.us)

Description: Yamhill County Parents as Teachers Program is a part of Yamhill County Healthy Start which provides first time parents with information, resources, and support to help each child get a healthy start in life.

### **Yamhill County Public Health Healthy Start Program**

Healthy Start  
Cathy Matamala-Ost  
412 NE Ford  
McMinnville, OR 97128  
Telephone: 503-434-7525  
Fax: 503-472-9731  
[www.co.yamhill.or.us/ph/index.asp?sel=8](http://www.co.yamhill.or.us/ph/index.asp?sel=8)  
Email: [matamalc@co.yamhill.or.us](mailto:matamalc@co.yamhill.or.us)

Description: Yamhill County Healthy Start provides first birth parents with information, resources, and support to help each child get a healthy start in life.

### **YMCA of Columbia-Willamette**

Incredible Years, Love and Logic, and Strengthening Families  
YMCA Child Care Division  
9500 SW Barbur Blvd, Suite 240  
Portland, OR 97219  
Telephone: 503-327-0007  
Fax: 503-946-5009  
Website: [www.ymca-portland.org](http://www.ymca-portland.org)  
Email: [ychildcare@ymca-portland.org](mailto:ychildcare@ymca-portland.org)

Description: The YMCA of Columbia-Willamette Child Care Division currently operates 42 Before and After School programs, 16 Child Development Centers, and a Family Resource Center. These programs serve over 2500 families on a daily basis providing quality affordable care and services for all. Financial assistance for programs is available.

## All Counties

### **Family Works Inc.**

Parenting Wisely  
Don Gordon, Ph.D.  
583 Prim Street  
Ashland, OR 97520  
Telephone: 541-201-7680  
Website: [www.parentingwisely.com](http://www.parentingwisely.com)  
Website: [www.holtinternational.org](http://www.holtinternational.org)

### **Holt International Children's Services**

Parents in Process  
Sunday Silver  
PO Box 2880  
1195 City View  
Eugene, OR 97402  
Telephone: 541-687-2202  
Fax: 541-683-6175

### **Northwest Media (fosterparentcollege.com)**

Foster Parent College  
Lee White  
326 W 12th Street  
Eugene, OR 97401  
Telephone: 541-343-6636  
Website: [www.fosterparentcollege.com](http://www.fosterparentcollege.com)

### **The Salvation Army White Shield Center**

White Shield  
Thea Sanchez  
PO Box 10027, Portland, OR 97296  
2640 NW Alexandra Avenue  
Portland, OR 97210  
Telephone: 503-239-1248, ext. 3973  
Fax: 503-239-1252  
Email: [thea.sanchez@usw.salvationarmy.org](mailto:thea.sanchez@usw.salvationarmy.org)

Description: White Shield is a residential treatment facility for pregnant and parenting teens. All of our clients are referred through Department of Human Services or Oregon Youth Authority. We provide parenting classes, individual parenting skill building, classes through Portland Public Schools, treatment groups for drug and alcohol, anger management, mental health therapy and life skills.